

Nutiva® nurtures vitality by conscious curating of the world's finest plant-based organic foods.

**1st ORGANIC LIQUID COCONUT OIL!**

Enjoy the savory aroma and taste of our liquid coconut oil produced from organic coconuts, infused with garlic extract. We use a **certified organic process** to remove the fats that remain solid at room temperature.

**VERSATILE**

Perfect for cooking, sautéing, dipping, sauces and salads! **Stays liquid even when refrigerated.**



**nutiva**®  
NURTURE VITALITY™

**ORGANIC LIQUID  
coconut oil**

**ORGANIC  
SUPERFOOD**

**GARLIC**

*Great for cooking,  
sautéing, salad  
dressings  
& dipping*



**8 FL OZ (236mL)**

**Nutrition Facts**

Serving Size: 1 Tbsp (15mL)  
Servings Per Container About 16

Amount Per Serving	
Calories 130 Calories from Fat 130	
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 14g	70%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 0g	

Not a significant source of vitamin A, vitamin C, calcium, or iron.

\*Percent Daily Values are based on a 2,000-calorie diet.

**INGREDIENTS:** ORGANIC COCONUT OIL, GARLIC EXTRACT

CONTAINS COCONUT. PACKAGED IN A PEANUT-FREE FACILITY.

**STORAGE:** No refrigeration required.

**MANUFACTURED FOR**  
Nutiva®, 213 W. Cutting Blvd.  
Richmond, CA 94804  
(800) 993-4367 • [www.nutiva.com](http://www.nutiva.com)

**Product of Singapore**

**CERTIFIED ORGANIC**  
by QAI and ECOCERT ICO (US-ORG-016)



108686-001

**STORAGE:** No refrigeration required.