

USAGE: Take 1 to 6 tablets per day in divided intakes or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition (especially hypotension or herpes), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications (especially for blood pressure), consult your healthcare professional before using this product.

Jarrow Formulas® Arginine + Ornithine promotes ammonia detoxification, a performance-reducing end product of protein metabolism.* Arginine is a precursor to ornithine, which can be converted back to arginine in the body.* L-Arginine, a semi-essential amino acid, plays a central role in the urea cycle and synthesis of nitric oxide.* Arginine is used to synthesize creatine, an important source of energy in skeletal muscle and the brain.*

**Keep out of the reach of children.
Store in a cool, dry place.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
FORMULAS

Arginine + Ornithine

**Supports Protein Synthesis,*
Nitric Oxide Production*
and Ammonia Detoxification***

750
MILLIGRAMS

100
TABLETS

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size 1 Tablet
Servings Per Container 100

	Amount Per Serving	% DV
L-Arginine (as L-Arginine Hydrochloride)	500 mg	†
L-Ornithine (as L-Ornithine Hydrochloride)	250 mg	†

† Daily Value not established.

Other Ingredients: Cellulose, calcium phosphate, stearic acid (vegetable source), silicon dioxide, magnesium stearate (vegetable source) and a food-grade coating.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.



Distributed Exclusively by:
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Lot #. Best Used Before:

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