

USAGE: Mix 1 heaping scoop (3.8 g) into water, juice, protein drink mix, smoothie or other beverages. Take 1 to 2 times per day or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition or are taking medications, consult your healthcare professional before using this product.

Inulin and **FructoOligoSaccharides (FOS)** are soluble prebiotic fibers that promote gut and overall health through their fermentation by gut flora to yield important metabolites, including lactic acid and the short chain fatty acids acetate, propionate and butyrate.* These metabolites help to maintain proper pH in the gut, discourage the growth of unfriendly bacteria and increase the solubility of dietary calcium.* Moreover, acetate, propionate and butyrate promote the integrity of the intestinal cells lining the colon and may promote healthy lipid metabolism.*

Orafti®Synergy1 delivers both long-chain and short-chain saccharides to the gut, optimizing the growth of beneficial bacteria.*

Keep out of the reach of children.
Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Orafti®Synergy1 is a registered trademark of BENE0-Orafti Inc.
www.BENE0.com

Lot #. Best Used Before:



Prebiotic Inulin-FOS

PREBIOTIC FIBER

**Enriches and
Nourishes the
Gut Microbiome***

**47 Servings
NET WT 6.3 oz (180 g) Powder**



**Dietary
Supplement**

Supplement Facts

Serving Size 1 Heaping Scoop (3.8 g)
Servings Per Container Approx. 47

	Amount Per Serving	% DV
Calories	5	
Total Carbohydrate	4 g	1%†
Dietary Fiber	3 g	10%†
Inulin-FOS (FructoOligoSaccharides)(Orafti®Synergy1)	3 g	††

† Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Value not established.

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.
Packaged by weight, not by volume.

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and Formulation™
Los Angeles, CA 90035-4317
www.Jarrow.com
(866) 459-4154

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FILL LINE