### **Nutrition Facts**

Serving Size 1 Bar (60g) Servings Per Container 12

#### Amount per serving

Calories 180	Calories from Fat 50	
	% Daily Value*	
Total Fat 6g	9%	
Saturated Fat 0.5g	3%	
<i>Trans</i> Fat Og		
Cholesterol 5mg	2%	
Sodium 190mg	8%	
Total Carbohydrate	24g <b>8</b> %	
Dietary Fiber 16g	<b>64</b> %	
Sugars 1g		
Erythritol 4g		
Protein 20g	40%	
Vitamin A 0%	<ul> <li>Vitamin C 0%</li> </ul>	
Calcium 10%	Iron 2%	
* Percent Daily Values are ba	used on a 2,000 calorie diet.	

Your Daily Values may be higher or lower depending on vour calorie needs 2.000 2.500 Calories:

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE. WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, ALMONDS, WATER, ERYTHRITOL, NATURAL FLAVORS. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT. CINNAMON. STEVIOL GLYCOSIDES (STEVIA)

#### CONTAINS: MILK. ALMONDS

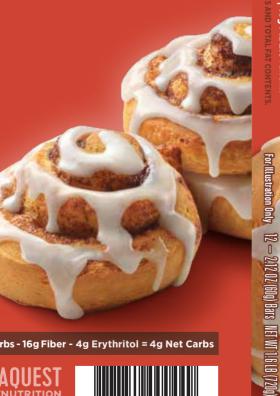
PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS. PEANUTS, SOY, WHEAT, AND OTHER TREE NUTS.

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MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.



**QUEST NUTRITION** IS ON A MISSION TO MAKE THE WORK FOR YOU



\*24g Carbs - 16g Fiber - 4g Erythritol = 4g Net Carbs



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**BAR** 

# **QUEST NUTRITION** IS ON A MISSION TO MAKE THE WORK FOR YOU NOT AGAINST YOU

That's why we only use complete dairy-based proteins to provide your body with all nine of the essential amino acids it needs. We use custom recipes to create our own chocolate flavored chips, cookie pieces, and other inclusions to make every bite as delicious as your cravings.

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