

INGREDIENTS: Protein Blend (Milk Protein Isolate, Whey Protein Isolate), Soluble Corn Fiber (Prebiotic Fiber), Almonds, Water, Erythritol, Dried Coconut, Natural Flavors, Cashews, Palm Oil, Sea Salt, Steviol Glycosides (Stevia).

CONTAINS: Almonds, Cashews, Coconut, and Milk-Derived Ingredients.

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20g PROTEIN

ONLY 1g SUGAR 14g FIBER GLUTEN FREE

QUESTBAR[®]
PROTEIN BAR
COCONUT CASHEW
FLAVOR

NET WT. 2.12 OZ (60g)

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22g Carbs - 14g Fiber - 4g Erythritol = 4g Net Carbs

4g NET CARBS

Nutrition Facts

Serving Size: 1 Bar (60g)
Calories: 190
Calories from Fat: 80

*Percent Daily Values are based on a 2,000 calorie diet.

Amount/Serving	% Daily Value*	Amount/Serving	% Daily Value*
Total Fat 8g	12%	Total Carbohydrate 22g	7%
Saturated Fat 2g	10%	Dietary Fiber 14g	56%
Trans Fat 0g		Sugars 1g	
Cholesterol 5mg	2%	Erythritol 4g	
Sodium 180mg	8%	Protein 20g	40%
Potassium 35mg	1%		
Vitamin A 0% • Vitamin C 0%		Calcium 15% • Iron 2%	
Phosphorus 6% • Magnesium 2%			

