USAGE: Take 1 capsule with each meal or as directed by your qualified healthcare professional. DO NOT chew this product. Swallow quickly with adequate liquid.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product. Vegetarian Jarro-Zymes® Plus is a special formulation of acid-stable microbial and fungal enzymes with activities similar to pancreatin, containing amylase, lipase, and a complex of endo- and exopeptidases that are active over a wide range of gastrointestinal pH.* Alpha galactosidase is produced by single cell fermentation and facilitates digestion of legumes and cruciferous vegetables.* Lactase is added to facilitate the digestion of lactose.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Jarrow FORMULAS

Vegetarian Jarro-Zymes®

Vegetarian Alternative plus Alpha Galactosidase and Lactase

VEGGIE CAPS SUPPLEMENT



Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

	Amount Per Serving	% DV
Proprietary Enzyme Blend	188 mg	††
Amylase	8,000 DU	††
Protease 4.5†	20,000 HUT	††
Protease 3.0†	20 SAPU	††
Lipase	700 FIP	††
Alpha Galactosidase	150 GalU	††
Lactase	1,000 ALU	††
Peptidase	2,500 HUT	††
Protease 6.0†	2,500 HUT	††

† Optimal pH

†† Daily Value not established

Other Ingredients: Rice bran, magnesium stearate (vegetable source), silicon dioxide, medium chain triglycerides and cellulose. Capsule consists of hydroxypropylmethylcellulose. No wheat, gluten, soybeans, dairy, egg, fish/shellfish,

or peanuts/tree nuts.

Suitable for vegetarians/vegans.

