LEAN MUSCLE RECOVERY*

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SPORTS INCREASED STRENGTH MUSCLE GROWTH **OPTIMAL RECOVERY IMPROVED ATHLETIC** PERFORMANCE **ICY BLUE RAZ** NATURAL AND ARTIFICIAL FLAVORS

TAKE 1 SCOOP **BLENDED INTO 8oz WATER** PRE/INTRA/POST **WORKOUT**

CREATINE

CREATINE ANHYDROUS

CREATINE

CREATINE PHOSPHATE

CREATINE AKG

PH BUFFERED

PROFESSIONAL FORMULA

MAY EXPERIENCE:

ADVANCED FORMS OF CREATINE

DIETARY SUPPLEMENT NET WT. 10.58 OZ (300 GRAMS)

Supplement Facts

Serving Size 1 Scoop (6 grams) Servings Per Container 50

| | Amount Per Serving | % Daily Value |
|-----------------------------------|-----------------------|------------------|
| Calories | 5 | |
| Total Carbohydrate | <1 g | <1%† |
| Sugars | 0 g | ** |
| Sodium | 20 mg | 1% |
| Potassium (as potassium chloride) | 99 mg | 3% |

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|------------------------------------|---------------------|------|
| BEST CREATINE™ BLEND (Proprietary |) 4 g | |
| Creatine monohydrate | | ** |
| Creatine anhydrous | | ** |
| Creatine MagnaPower® (as magnesium | r creatine chelate) | |
| Creatine phosphate | | ** |
| Creatine AKG | | ** |
| pH buffered Creatine alkaline™ | | ** |
| Betaine anhydrous (TMG) buffered | 500 mg | ** |
| Himalayan Pink Salt | 50 mg | ** |
| | | |

† Percent Daily Values are based on a 2.000 calorie diet. ** Daily Value not established

Other Ingredients: Natural and artificial flavors, citric acid, malic acid. maltodextrin, silica, sucralose, acesulfame k, and FD&C Blue No. 1.

MUSCLE RECOVERY LEAN MUSCLE

Please read entire label before use.

Suggested Use: Take one (1) serving (1 scoop) blended into 8oz of ice cold water, either before, during, or after workout, or as directed by a qualified healthcare practitioner. On non-training days, take one (1) serving (1 scoop) first thing in the morning, on an empty stomach, or as directed by a qualified healthcare

Warnings: Not intended for use by persons under age 18. Do not exceed recommended dose. Get the consent of a licensed physician before using this product, especially if you are taking medication, have a medical condition, you are pregnant, nursing or thinking about becoming pregnant, DISCONTINUE USE TWO WEEKS PRIOR TO SURGERY. KEEP THIS PRODUCT AND ALL SUPPLEMENTS OUT OF THE REACH OF CHILDREN.

PRE/INTRA/POST WORKOUT

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