

ACTUAL SIZE



CODE 0471

V2

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Biotin is a water-soluble vitamin necessary for normal growth and body function. Biotin is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids. Alongside its role in energy production, Biotin enhances the synthesis of certain proteins. In addition, Biotin promotes normal immunity and plays a critical role in skin health.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with meals. Consider taking this product in combination with NOW® B-Complex Vitamins.



# Biotin

ENERGY PRODUCTION

5,000 mcg

- Supports Amino Acid Metabolism
- Promotes Normal Immunity\*

60 Vcaps®

A Dietary Supplement  
Vegetarian Formula



## Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Biotin	5.0 mg (5,000 mcg)	1667%

Other ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica.

Contains no sugar, salt, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

**Vegetarian/Vegan Product.**

Vcaps® is a registered trademark of Capsugel.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

[www.nowfoods.com](http://www.nowfoods.com)