



Amazing Grass®

VITAMINS  
C, E, B1, B12  
NON-GMO

Green  
Superfood®

1 Full  
SERVING OF  
GREENS & VEGGIES  
Equivalent\*

**Effervescent Greens**  
plus antioxidant superfoods  
One Tab. Sip. Smile.

**Lemon-Lime Flavor**

10 TABLETS  
DIETARY SUPPLEMENT

**SUGGESTED USE:**

Drop one tablet in 8-10 fl oz or more of water

**Supplement Facts** Serving Size 1 Tablet, Servings Per Container 10,  
Amount per serving: **Calories** 15, **Total Carbohydrates** 3g (1% DV), Total Sugars 1g,  
Added Sugars 1g (2% DV), Vitamin C (as ascorbic acid) 90mg (100% DV), Vitamin E (as  
dl-alpha tocopheryl acetate) 15mg (100% DV), Thiamin (Vitamin B1) (as thiamin  
mononitrate) 1.2mg (100% DV), Vitamin B12 (as methylcobalamin) 2.4mcg (100% DV),  
**Sodium** (as sodium bicarbonate) 270mg (12% DV), **Alkalinizing Greens Blend:** Organic  
Wheat Grass, Organic Barley Grass, Organic Alfalfa, Organic Spirulina, Organic Chlorella  
(cracked cell-wall) 350mg, **Antioxidant Blend:** Spectra™ Blend (Green Coffee Extract,  
Broccoli Sprout Concentrate, Green Tea Extract, Onion Extract, Apple Extract, Acerola  
Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate,  
Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano  
Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate,  
Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry  
Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate,  
Spinach Concentrate, Kale Concentrate, Bilberry Extract, Brussel Sprout Concentrate)  
22.5mg. Percent Daily Values are based on a 2,000 calorie diet. %DV = %Daily Value

**OTHER INGREDIENTS:** Citric Acid, Dextrose, Sorbitol, Natural Flavor, Organic Stevia Leaf  
Extract, Canola Oil, Silica. \*Antioxidant equivalent based on ORAC value. Spectra™ is a  
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Product of the U.S.A. with select ingredients  
thoughtfully curated from around the world.  
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