

BCAA 3:1:1

AS A FITNESS ENTHUSIAST AND SOMEONE WHO CARES INTENSELY ABOUT THE HEALTH OF YOUR OWN BODY, MUSCLES AND PERFORMANCE, BCAAs ARE VITAL. BCAAs ENSURE THAT YOU RECOVER FROM WORKOUTS AND PROTECT YOUR MUSCLES FROM WASTING DURING INTENSE ACTIVITY. BCAAs ENCOURAGE NITROGEN RETENTION IN THE MUSCLES AND FACILITATE THE RELEASE OF HORMONES SUCH AS GH, IGF-1, INSULIN AND ALSO INFLUENCE GOOD TESTOSTERONE TO CORTISOL RATIOS.*

BCAAs WORK BY REDUCING PROTEIN BREAKDOWN IN THE MUSCLES AND ENHANCING PROTEIN SYNTHESIS. THUS BCAAs PREVENT MUSCLE LOSS DURING WORKOUTS AND INCREASE THE RATE OF TISSUE REPAIR AFTERWARDS; VITAL FOR BUILDING AND MAINTAINING A HEALTHY, LEAN AND MUSCULAR PHYSIQUE.*

ESPECIALLY DURING TIMES OF LOWER CALORIC INTAKE, DIETING AND CONTEST PREPPING IT IS EVEN MORE VITAL THAT BCAA LEVELS ARE INCREASED SO THAT MUSCLE WASTING DOESN'T OCCUR. IT IS DURING THESE TIMES WHERE BCAAs SHINE AS A VITAL SUPPLEMENT IN ANY ATHLETE OR HEALTHY PERSON'S ARSENAL.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PN's manufacturer's production facility is NSF cGMP Certified

MANUFACTURED IN USA



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NEW

BCAA 3:1:1

Supports muscle recovery*

Helps prevent muscle wasting*

Increases protein synthesis*

UNFLAVORED

60 SERVINGS

DIETARY SUPPLEMENT
NET WT 300G (10.5 oz)

SUPPLEMENT FACTS

Serving Size: 1 Scoop (5 g)
Servings Per Container: About 60

	Amount Per Serving	%DV
Calories	22	
BCAA 3:1:1 Ratio Blend		
L-Leucine	3,000 mg	**
L-Isoleucine	1,000 mg	**
L-Valine	1,000 mg	**
**Percent Daily Value "DV" Not Established.		

Other Ingredients: Lecithin

Manufactured For:
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PHYSIQUENUTRITION.NET

DIRECTIONS FOR USE: Take 1 serving before training and cardio. Additionally, may be taken 1-3 times in the day to enhance muscle recovery

WARNING: Not intended for use by persons under 18. Do not use if pregnant or nursing. Consult a health care provider before use if any medical conditions, or if you are using any prescription or over the counter medications. Consult a health care provider before starting any diet or exercise program. Do not exceed recommended serving. Improper use of this product will not improve results and is not advised. Use only as directed. Do not use if safety seal on this package has been broken. Store in a cool, dry place. Keep out of reach of children.