GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548 GNC.com Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA

310J2653801



GNCTOTAL LEAN®

CLA +CARNITINE

DIETARY SUPPLEMENT



1.7 g of CLA & 1 g of L-carnitine per serving Improves body composition* Helps to fuel muscle recovery*

STIMULANT FREE & SUGAR FREE



CODE 732253

GTG

DIRECTIONS: As a dietary supplement, mix one serving in 8 fl. oz. of cold water and enjoy. For best results, take 2 servings daily 30-60 minutes prior to exercise. On non-training days, two servings may be consumed at any time.

Supplement Facts

Serving Size One Scoop (6.4 g) Servings Per Container 60

Amount Per Serving	% D	aily Value
Calories	25	
Total Fat	2 g	3%†
Polyunsaturated Fat	2 g	*
Total Carbohydrate	1 g	<1%†
Total Sugars	0 g	*
Includes 0 g Added Sugars		0%†
CLA (Conjugated Linoleic Acid) (from Safflower Oil)	1.7 g	*
L-Carnitine (as L-Carnitine Tartrate)	1 g	*
† Percent Daily Values are based on a 2,000 ca	alorie diet.	

OTHER INGREDIENTS: Citric Acid, Natural Flavors, Silica, beta-Carotene (for Color), Acesulfame Potassium, Sucralose, Beet Root (for Color).

CONTAINS: Milk

* Daily Value not established.

WARNING: For adult use only. Do not use this product if you are pregnant or lactating. If you are taking medication or have a medical condition, consult a physician before using this product. Discontinue use two weeks prior to surgery.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.