

It's hard to beat SYNTHA-6®. Since 2004, nothing has matched the milkshake-like flavor and creamy texture—until now. Say hello to SYNTHA-6® and COLD STONE CREAMERY™ GERMANCHÖKOLÄTEKÄKE™. A decadent combination of Chocolate, Pecan, Coconut, Brownie and Caramel flavors mixed with real Cookie Bits—plus it's packed with ultra-premium BSN® protein complex. We outdid ourselves, once again.

ULTRA-PREMIUM PROTEIN. ULTRA-PREMIUM TASTE.™

DIRECTIONS: Take 1 scoop with 4-5 fl oz. of cold water or any beverage of your choice. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Lecithin is a phospholipid complex derived from soybean oil, which is used to promote mixability.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.

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This product contains ingredients of international and domestic origin



10g
ESSENTIAL
AMINO ACIDS

NATURALLY
OCCURRING EAAs

MUSCLE
RECOVERY

200
CALORIES

LEAN
MUSCLE

22g
PROTEIN



USE ANYTIME,
DAY OR NIGHT



FINISH FIRST.®

SYNTHA-6®



GERMANCHÖKOLÄTEKÄKE™
ARTIFICIALLY
FLAVORED

25
SERVINGS

PROTEIN POWDER DRINK MIX NET WT 2.59 LB (1.17 KG)

Nutrition Facts

25 servings per container
Serving size About 1 Scoop (47g)

Amount per serving
Calories 200

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 2g	10%
Cholesterol 65mg	22%
Sodium 240mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 22g	44%
Calcium 170mg	15%
Iron 1.3mg	8%
Potassium 340mg	8%
Phosphorus 160mg	15%
Magnesium 40mg	10%
Not a significant source of trans fat and vitamin D.	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Matrix Comprised of (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Micellar Casein, Milk Protein Isolate, Egg Whites, Glutamine Peptides), Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Cocoa (Processed with Alkali), Polydextrose, Natural and Artificial Flavor, Cookie Crumbs (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Palm and Palm Kernel Oil Blend, Cocoa [Processed With Alkali], High Fructose Corn Syrup, Corn Flour, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), MCT Powder (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, Silicon Dioxide), Lecithin, Salt, Cellulose Gum, Acesulfame Potassium, Sucralose, Papain, Bromelain.

CONTAINS: Egg, Milk, Soy, and Wheat.

MANUFACTURED BY: Bio-Engineered Supplements & Nutrition, Inc., 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 877.673.3727

goBSN.com

Contents sold by weight, not volume.