

Amount Per 2 Chewable Tablets	% DV for Children Ages		
		2-3 Yrs	4+ Yrs
Molybdenum (as sodium molybdate)	75 mcg	**	100%
Orchard Fruits™ & Garden Veggies™ Blend: (Juice Powders: Plum; Pear; Apple; Beet; Strawberry; Cucumber; Tomato; Cranberry; Cherry; Cabbage; Carrot; Cauliflower; Blueberry; Grape; Apricot; Papaya; Orange; Pineapple; Asparagus; Broccoli; Brussels Sprout; Celery; Green Bean; Spinach); Pomegranate (seed); Açai Extract (whole palm fruit)	150 mg	**	**
Citrus Bioflavonoids Complex (from lemon, orange, grapefruit, lime and tangerine)	30 mg	**	**

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value (DV) not established)

Other Ingredients: Fructose, Sorbitol, Natural Flavors, Colors from Natural Sources (Turmeric, Vegetable Juice), Citric Acid, Magnesium Stearate, Silica, Malic Acid, Soy Lecithin (non-GMO, non-hydrogenated).

**GLUTEN-FREE.** Contains **no yeast, wheat, gluten, dairy, eggs or peanuts. No artificial flavors or preservatives.** Chewable tablet appearance may change over time due to natural color. This does not alter product potency.

**SATISFACTION GUARANTEED.** Safety sealed for your protection.

Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. Not for children under 2 years of age due to risk of choking

**Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

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Green Bay, WI 54311 USA

**Questions?** Call 1-800-9NATURE  
or visit [www.naturesway.com](http://www.naturesway.com)

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Actual Size Chewables

## Alive!® Chewables: Uniquely Balanced to Nourish Your Child's Health & Growth

- Complete **multi-vitamin** specially formulated for a child's nutritional needs
- Provides nutrients from **26 fruits & vegetables**, plus antioxidants (bioflavonoids) from natural citrus
- **Fun, great tasting**, natural orange and berry flavors



### Whole Body Nourishment

- ✓ High potency **Vitamin C** for skin, immunity & eyes\*
- ✓ High potency **Vitamin D3** for bones, teeth & immunity\*
- ✓ High potency **B-Vitamins** for energy/metabolism\*



#### Healthy Immune Defense\*

Antioxidants, Vitamin A, C & D, Zinc, Iron

#### Bones & Teeth\*

Calcium, Folic Acid, Magnesium,  
Manganese, Vitamin D

#### Healthy Eyes\*

Vitamin A (Beta Carotene),  
Vitamins C & E, Zinc

#### Physical Energy\*

B-Vitamin Complex,  
Magnesium

#### Digestive Health\*

Calcium, Folic Acid,  
Vitamin D

\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# Alive!

## Children's Chewable

### Multi-Vitamin

- **Gluten-Free**
- **Great Tasting**
- **High Potency Vitamin C**

## 26 Fruits & Vegetables

### Natural Orange & Berry Flavors

120 CHEWABLE TABLETS • Dietary Supplement

**Recommendation:** Children 2 years of age and older,  
chew 2 tablets daily.

## Supplement Facts

Serving Size 2 Chewable Tablets  
Servings Per Container 60

Amount Per 2 Chewable Tablets	% DV for Children Ages		
		2-3 Yrs	4+ Yrs
Calories	10		
Total Carbohydrate	3 g	**	<1%†
Sugars	2 g	**	**
Vitamin A (50% [2,500 IU] as retinyl acetate and 50% [2,500 IU] as beta carotene)	5,000 IU	200%	100%
Vitamin C (ascorbic acid)	120 mg	300%	200%
Vitamin D3 (as cholecalciferol)	600 IU	150%	150%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	300%	100%
Thiamin (as thiamin mononitrate)	3 mg	429%	200%
Riboflavin (Vitamin B2)	3.4 mg	425%	200%
Niacin (as niacinamide)	20 mg	222%	100%
Vitamin B6 (as pyridoxine HCl)	4 mg	571%	200%
Folic Acid	400 mcg	200%	100%
Vitamin B12 (as cyanocobalamin)	7.5 mcg	250%	125%
Biotin	100 mcg	67%	33%
Pantothenic Acid (as calcium d-pantothenate)	15 mg	300%	150%
Calcium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnium sp.</i> [whole plant])	25 mg	3%	3%
Iron (as ferrous fumarate)	5 mg	50%	28%
Iodine (as potassium iodide)	150 mcg	214%	100%
Magnesium (from Aquamin® calcified mineral source Red Algae <i>Lithothamnium sp.</i> [whole plant], as oxide)	12.5 mg	6%	3%
Zinc (as zinc citrate)	5 mg	63%	33%
Manganese (as manganese sulfate)	2 mg	**	100%
Chromium (as chromium picolinate)	30 mcg	**	25%