

Drug Facts (continued)

If **pregnant or breast-feeding**, ask a healthcare professional before use. **Keep out of reach of children.** In case of overdose, seek medical help or contact a Poison Control Center immediately.

Directions

■ Shake well before use.

Age	Dose
Adults & children 12 years of age and older	Take 2 teaspoons (10 mL) 1/2 hour before bedtime. Dose may be repeated if necessary.
Children under 12 years of age	Ask a doctor.

Other information

■ Store at room temperature 20-25°C (68-77°F) in a dry place out of direct sunlight.

Inactive ingredients citric acid, malt extract, purified water, sodium benzoate, sucrose.

Questions? Call 1-800-9NATURE or visit www.naturesway.com

††These indications are based solely on traditional homeopathic use. They have not been evaluated by the Food & Drug Administration.

TAMPER EVIDENT: For your protection this bottle has a cap with a perforated ring attached. Do not use if ring is broken or missing.

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Nighttime Cough & Bronchial

RESTFUL SLEEP Syrup††

- Relieves coughs††
- Clears bronchial congestion††
- Soothes the throat††
- Promotes restful sleep††
- No artificial flavors or colors
- Non-narcotic

Other Boericke & Tafel® Cough & Bronchial Syrups

- Daytime Formula (non-drowsy)
- 99% Alcohol-Free Formula
- Zinc Formula with *Zincum gluconicum*
- Children's Formula with great tasting cherry flavor

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Premium



NDC 53499-0693-5

Nighttime Cough & Bronchial Syrup

FOR RESTFUL SLEEP††

- Cough Suppressant††
- Expectorant††



HOMEOPATHIC

4 fl. oz. / 10.5% Alcohol

Nighttime

Drug Facts

Active ingredients (HPUS) Purpose (in two teaspoons = 10 mL)

<i>Aconitum napellus</i> 3X Cough Suppressant (hoarse, croupy cough); Pain Reliever††
<i>Alfalfa</i> 1X, Helps with restful sleep††
<i>Coffea cruda</i> 6X	
<i>Avena sativa</i> 1X Promotes calmness††
<i>Bryonia</i> 3X Cough Suppressant (hacking, painful cough); Expectorant††
<i>Hepar sulphuris calcareum</i> 6C Cough Suppressant (hoarse, painful cough); Expectorant††
<i>Spongia tosta</i> 3X Cough Suppressant (dry, barking cough)††
<i>Stannum metallicum</i> 6C Cough Suppressant (spasmodic cough); Expectorant††

Uses

- Temporarily relieves cough due to minor throat and bronchial irritation as may occur with a cold.††
- Helps loosen phlegm (mucus) and thin bronchial secretions to drain bronchial tubes.††
- Soothes the throat.††

Warnings

Sore throat warning: if sore throat is severe, persists more than 2 days, is accompanied or followed by a fever, headache, rash, nausea or vomiting, consult a doctor promptly.

Ask a doctor before use if you have

- persistent or chronic cough such as occurs with smoking, asthma, emphysema or chronic bronchitis.
- cough accompanied by excessive phlegm (mucus).

Stop use and ask a doctor if cough lasts more than 7 days, comes back, or is accompanied by fever, rash or persistent headache. These could be signs of a serious condition.