

USAGE: Take 1 to 3 vegan softgels per day with food or as directed by your qualified healthcare professional.

NOTE: If you have a medical condition, or are taking medications, consult your healthcare professional before using this product.

Ahiflower® Oil is a plant source of the omega-3 fatty acids alpha-linolenic acid (ALA) and stearidonic acid (SDA), and omega-6 GLA. The presence of SDA in Ahiflower® Oil makes it distinct from flaxseed oil. Human clinical trial results show that Ahiflower® Oil has up to four times (4x) more efficient conversion to eicosapentaenoic acid (EPA) than flaxseed oil.*

**Keep out of the reach of children.
Store in a cool, dry place.**

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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FORMULAS®

Bioactive Plant Based Omega-3

AHIFLOWER®

OIL

Alpha-linolenic Acid (ALA)
Stearidonic Acid (SDA)


ahiflower®
Better than flax. Not from fish.®



750
MILLIGRAMS

60
VEGAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Vegan Softgel
Servings Per Container 60

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%†
Ahiflower® (<i>Buglossoides arvensis</i>) Seed Oil	750 mg	††
Omega-3 Fatty Acids:		
Stearidonic Acid (SDA)	128 mg	††
Alpha-Linolenic Acid (ALA)	315 mg	††
Omega-6 Fatty Acids:		
Gamma-Linolenic Acid (GLA)	34 mg	††
Linoleic Acid (LA)	68 mg	††

† Percent Daily Values are based on a 2,000 calorie diet.
†† Daily Value not established.

Other Ingredients: Vegan softgel made from non-GMO modified food starch, carrageenan, glycerin and purified water. No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

Suitable for vegetarians/vegans.

Lot #. Best Used Before: