

# ICON Meals

Not all snacks were created equal!  
Icon Meals Protein Popcorn is a  
delicious, high protein snack made  
from all natural air popped popcorn  
infused with high quality whey  
protein. Protein Popcorn delivers  
addicting taste and a powerful punch  
of protein that is sure to leave you  
feeling satisfied... or wanting more!



## ICON Meals

4681 OHIO DR. #108, FRISCO, TX 75035

ICONMEALS.COM

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Manufactured in a facility that also  
produces tree nut and peanut products.

GLUTEN - FREE and NON GMO

## Nutrition Facts

4 serving per container

**Serving size 1 cup (60g)**

Amount per serving

**Calories 272**

% Daily Value\*

**Total Fat 8g 12%**

Saturated Fat 5g **25%**

Trans Fat 0g

**Cholesterol 5mg 2%**

**Sodium 310mg 13%**

**Total Carbohydrate 40g 14%**

Dietary Fiber 2g **8%**

Total Sugars 24g

Includes 0g Added Sugars **0%**

**Protein 10g**

Vitamin D 0%

Calcium 4%

Iron 8%

Potassium 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Candied Popcorn (air popped popcorn, sugar, corn syrup solid, artificial flavoring(water, high fructose corn syrup, glycerine, sugar, modified food starch, sodium benzoate, potassium sorbate, carrageenan, xanthan gum, citric acid), salt, cream of tartar, caramel set (stearin, soy lecithin), Free and Easy (soybean oil, soybean lecithin), may contain one or more of the following: FD&C Red 3 (E127), Red 40 (E129), Yellow 5 (E102), Yellow 6 (E110), Blue 1 (E133) or Blue 2 (E132), White Chocolate (sugar, palm kernel oil, non-fat milk, sweet dairy whey (milk), lactose (milk), milk fat, buttermilk,sodium caseinate (milk), soy lecithin- an emulsifier, hydrogenated palm oil, artificial flavors . Whey Protein Isolate, Corn Oil.

Allergens: Contains Milk and Soy.  
Product produced in facility and  
equipment that also produce tree  
nuts, Dairy and Soy.

