DO NOT EXCEED RECOMMENDED DAILY DOSAGE **NUTRACEUTICAL FACTS:**

PHYSIOLOGICAL BASIS: "Reactive hyperemia" describes the increase in muscle blood flow that occurs during high-intensity resistance exercise and produces the "pump" associated with increases in muscle size. NITRAFLEX®+ Creatine pre-training formula contains ingredients that in vitro, animal and clinical studies suggest possess properties that may help advanced athletes maximize energy, intensity, vascularity and reactive hyperemia (pumps) during their workouts, and provide long-term support of testosterone and nitric oxide levels in the healthy range when used as directed.*1

UNIQUE PROPERTIES OF THE KEY COMPOUNDS IN NITRAFLEX + CREATINE:

- 1-SCOOP SERVING*: NITRAFLEX+C is so potent, only 1 scoop (1 serving) is necessary. Do not exceed 1 scoop in a single 24-hour period. Do not take NITRAFLEX+C within 5 hours of bedtime.
- HIGH CITRULLINE: ARGININE RATIO: Arginine is a proven precursor to nitric oxide (NO), a vasodilator. What most people don't know is that arginine supplementation stimulates the activity of arginase, an enzyme that breaks down arginine. Over time, this may actually result in reduced arginine and NO levels, in turn causing your pre-workout formula to stop working. Research suggests that supplementing with a high ratio of citrulline to arginine may reduce this risk by avoiding overstimulation of arginase.*1
- CFB HELPS SUPPORT TESTOSTERONE: In a clinical study, calcium fructopyranose borate (CFB) was shown to increase total and free testosterone within 3 hours of a single dose equivalent to just over 2 scoops of Nitraflex.*† A longer-term study reported an increase in free
- testosterone by up to 29%.1 ■ EFFECTIVE DOSE OF BETA-ALANINE*: The clinically-proven performance enhancer beta-alanine was added at a powerful dose that you will feel working following your very first serving, (May promote slight, tingly-sensation),*
- CREATINE: Creapure® Creatine provides a superior level of performance for althletes.* Creatine drives increased power output, muscle endurance, and muscle volumization.* Consuming 2g of creatine for 6 weeks significantly increased plasma creatine concentration.
- COGNITIVE ENHANCERS*: NITRAFLEX+C contains unique ratios of scientifically validated compounds that help you remain alert, intense and focused while you're flying from set to set with veins fully dilated and muscles pumped to the extreme.*

FEEL YOUR POWER SURGING WITHIN MINUTES

Note: One serving contains 325 MG Caffeine, 1500 MG of Carnosyn® Beta-Alanine, and a clinically researched dose of CFB (Calcium fructopyranose borate – US Patent #5.962.049)*

"I stand firmly behind our unconditional 30-day money-back Charles Massec quarantee on all our products. Stay strong!"



30 Servings **Dietary Supplement**

Net Weight: 14.8oz (420g)

Naturally and Artificially Flavored



HYPEREMIA & TESTOSTERONE ENHANCING POWDER*

Highly Concentrated 3X Strength Clinically-Studied CFB + Vasoactive Compounds*†



Rocket Pop

WARNING: DO NOT TAKE MORE THAN 1 SCOOP PER SERVING

VASODILATION* TESTOSTERONE* REACTIVE HYPEREMIA (MUSCLE PUMPS) STRENGTH* ENERGY* HARDNESS*

Supplement Facts

Serving Size: 14 g (approx. 1 scoop) Servings per container: 30

A	mount Per Serving	% DV
Creatine Monohydrate (Creapure®)	2g	t
L-Citrulline Malate	1.5g	†
L-Citrulline	1.5g	t
CarnoSyn® (Beta-Alanine)	1.5g	t
L-Arginine Malate	1g	†
L-Arginine Alpha-Keto Glutarate	500mg	†
N-Acetyl-L-Tyrosine	500mg	†
Caffeine Anhydrous	325mg	
DMAE (as DMAE bitartrate)	250mg	†
Calcium Fructoborate	100mg	†
L-Theanine	45mg	†
Yohimbe Bark Extract	8mg	t
Resveratrol (from Japanese knotweed Ro	ot Extract) 0.01mg	Ť
Trans Pterostilbene	0.01mg	t

†DV not established.

Other ingredients: Pineapple Fruit Powder Citric Acid. Silicon Dioxide. Calcium Silicate. Natural and Artificial Flavors, Acesulfame Potassium, Sucralose, FD&C Red #40.



Natural Alternatives International (NA is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.

Creapure® is a registered trademark of AlzChem AG **GAT Sport** SPORT

Manufactured for: Comments or questions? 578 Pepper Street 1-888-811-4286 Monroe, CT 06468 or 1-203-880-5800

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GAT-1020-1018

DO NOT LISE IF NECK SEAL IS RROKEN OR MISSING

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RECOMMENDED DOSAGE Training days:

Day 1: Begin by assessing your tolerance with half a serving of NITRAFLEX®+C mixed with 6oz of cold water, Days 2 and beyond; Depending on tolerance, mix 1 serving (1 scoop) of NITRAFLEX®+C with 1007 of cold water and consume within 30 minutes before working out.

Optional - Stack with PMP

Stim-Free: Take 1 serving of Nitraflex®+C with 1 scoop of PMP Stim Free Powder 30 minutes before training for even more dramatic effects. Visit TeamGAT.com for product info.

SPECIAL TIMES OF USE (TAKE 1 SERVING)

- Take before martial arts
- . Take before powerlifting meets
- . Take before long distance runs or intense
- cardio sessions
- Take before any type of weight training
- Take before competitive sports
- Take anytime extreme energy/focus is needed.

WARNING: This product is strictly intended for use by healthy persons 18 years of age or older. Each serving (1 scoop) contains 325 mg of caffeine. Do not combine with other caffeine or stimulant-containing products. Do not use f vou are pregnant, nursing or trying to become pregnan Do not use if you are currently unaware of your health status or if you have a medical condition including but not limited arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Do not use if you are taking prescription or non-prescription medication of any kind including but not limited to MAO inhibitors, anti-depressants, aspirin or are prone to overheating or dehydration. After 8 weeks o use, take 1 week off before resuming use. Discontinue at least 2 weeks prior to surgery or if you experience rapid heartheat dizziness severe headache or shortness of breath KEEP OUT OF THE REACH OF CHILDREN.

WARNING: This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.