

Recommendation: Adults chew 3 gummies daily.

Supplement Facts		Amount Per 3 Gummies	% DV
Serving Size 3 Gummies Servings Per Container 25			
Amount Per 3 Gummies		% DV	
Calories	25		
Total Carbohydrate	6 g	2%†	
Sugars	5 g	**	
Vitamin A (as retinyl palmitate)	5,000 IU	100%	
Vitamin C (ascorbic acid)	90 mg	150%	
Vitamin D3 (as cholecalciferol)	600 IU	150%	
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%	
Thiamin (B1) (as thiamin HCl)	750 mcg	50%	
Riboflavin (B2)	850 mcg	50%	
Niacin (B3) (as niacinamide)	10 mg	50%	
Vitamin B6 (pyridoxine HCl)	5 mg	250%	
Folic Acid (B9)	400 mcg	100%	
Vitamin B12 (as cyanocobalamin)	15 mcg	250%	
Biotin (B7)	300 mcg	100%	
Pantothenic Acid (B5) (as calcium d-pantothenate)	10 mg	100%	
Iodine (as potassium iodide)	150 mcg	100%	
Zinc (as zinc citrate)	7.5 mg	50%	
Selenium (as sodium selenate)	110 mcg	157%	
Chromium (as chromium picolinate)	60 mcg	50%	
Sodium	20 mg	<1%	
Orchard Fruits™ & Garden Veggies™ Blend:	150 mg	**	
Pomegranate (seed); Plum; Apple; Pear; Beet; Strawberry; Açai Extract (whole palm fruit); Grape Juice; Cucumber; Tomato; Cherry; Cranberry; Cabbage; Carrot; Cauliflower; Blueberry; Apricot; Orange; Papaya; Pineapple; Asparagus; Broccoli; Brussels Sprout; Celery; Green Bean; Spinach			
Lycopene (from tomato extract)	500 mcg	**	
Choline (as choline bitartrate)	60 mcg	**	
Inositol	40 mcg	**	

Other ingredients: Dried Cane Syrup, Organic Tapioca Syrup, Pectin, Citric Acid, Sodium Citrate, Colors (maqui berry, black carrot, beta carotene), Natural Cherry Flavor with Other Natural Flavors, Natural Grape Flavor with Other Natural Flavors, Fractionated Coconut Oil (non-hydrogenated), Beeswax, Natural Orange Flavor with Other Natural Flavors, Soy Lecithin

PREMIUM formula sweetened with tapioca and cane syrups

- 16 vitamins and minerals
- Full B-vitamin complex
- Orchard Fruits™ and Garden Veggies™ blend*
- Made with pectin, no gelatin
- Delicious fruit flavors

Gluten Free. No gelatin, dairy, yeast, wheat, peanuts, eggs, artificial flavors or preservatives.

Satisfaction Guaranteed. Safety sealed for your protection. Do not use if safety seal under child resistant bottle cap is broken or missing. Store at room temperature. Keep bottle tightly closed. Avoid excessive heat and direct sunlight. **Keep out of reach of children.**

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*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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Helps Support:



Converting food
into Energy*



Heart*



Eyes*



Immunity*



Muscles*

**PREMIUM
FORMULA**

**Nature's
Way**

Gluten Free • No Gelatin

Alive!

Men's

GUMMY VITAMINS

Orchard Fruits™ • Garden Veggies™†
Full B-Complex • Lycopene

†150 mg fruit/vegetable powder, extract and dried juice per serving

MULTI-VITAMIN/MINERAL SUPPLEMENT

75 GUMMIES