

Not for sale in California



# Prenatal

Multiple with DHA  
& Vitamin D<sub>3</sub>

DIETARY SUPPLEMENT

Supports Healthy Fetal Brain and Eye Development\*

120 Soft Gels

\*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

4405-3a

8.9375" x 3.5"

400cc

Complete nutrient support for mom and baby before, during, and after pregnancy.

## Supplement Facts

Serving Size 2 Soft Gels  
Servings Per Container 60

	Amount Per 2 Soft Gels	% DV for Pregnant Women
Vitamin A (3000 IU as palmitate & 5000 IU as beta carotene)	8,000 IU	100%
Vitamin C (from calcium ascorbate)	300 mg	500%
Vitamin D3 (as cholecalciferol)	1,600 IU	400%
Vitamin E (as d-alpha tocopherol from soy)	150 IU	500%
Vitamin K1 (as phyloquinone)	200 mcg	**
Thiamin (Vitamin B-1)(from thiamin mononitrate)	6.8 mg	400%
Riboflavin (Vitamin B-2)	8 mg	400%
Niacin (as niacinamide)	80 mg	400%
Vitamin B-6 (as pyridoxine HCl)	10 mg	400%
Folate (folic acid)	800 mcg	100%
Vitamin B-12 (as cyanocobalamin)	32 mcg	400%

	Amount Per 2 Soft Gels	% DV for Pregnant Women
Biotin	300 mcg	100%
Pantothenic Acid (from d-calcium pantothenate)	40 mg	400%
Calcium (from calcium carbonate, calcium ascorbate & d-calcium pantothenate)	100 mg	8%
Iron (from iron bisglycinate chelate)	27 mg	150%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (from magnesium oxide)	100 mg	22%
Zinc (from zinc gluconate)	15 mg	100%
Selenium (from selenomethionine)	70 mcg	**
Copper (from copper gluconate)	2 mg	100%
Manganese (from manganese gluconate)	2 mg	**
Chromium (from chromium nicotinate)	120 mcg	**
Fish Oil Concentrate	1,000 mg	**
DHA (Docosahexaenoic Acid)†	430 mg	**
EPA (Eicosapentaenoic Acid)†	60 mg	**

\*\* Daily Value (DV) not established. † Reported as triglycerides.

Other Ingredients: Beeswax, soy lecithin, soybean oil. Soft Gel Shell: Beef gelatin, glycerin, water, carob. Contains soy and fish (anchovy, sardine, tuna).

**Directions for Pregnant Women:** Take two soft gels daily, **at mealtime**. Keep bottle tightly closed. Store away from heat and moisture.

**Warning:** Vitamin K can antagonize the effect of anticoagulants, including Warfarin. Do not take this product if you are taking Warfarin without first consulting with your physician.

✓ **Gluten-free** ✓ **Milk/Casein-free**  
✓ **Preservative-free**

**POTENCY & QUALITY GUARANTEED**

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**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



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