## Pineapple Colon Cleanse®

**SUGGESTED USE: Adults:** For persons 150 pounds and more: 1 heaping tablespoon three times daily. For persons under 150 pounds: 1 tablespoon twice daily. Mix with 8 oz. of water and drink immediately. Children (6-12 years): Half a tablespoon twice daily.

#### **Good For Your Heart**

Soluble fiber from foods such as Psyllium Husk, as a part of a diet low in saturated fat and cholesterol, may reduce the risk of heart disease. A serving of Colon Cleanse supplies 4g of the 7g of soluble fiber from Psyllium Husk necessary per day to have this effect.

### Suggested use for weight management:

Take one tablespoon (approx. 7g) about half an hour before every meal, with at least 8 oz. of water, Psyllium Husk promotes a feeling of fullness, which may help you to eat less at mealtime.\* It also provides fiber that helps promote good bowel movements, which are essential for weight management.\*

Need something stronger? Try our Super Colon Cleanse®, a unique combination of Senna Leaf and Psyllium Husk to help with occasional constipation.\*

Fill controlled by weight not volume.

In case of disposal, place in trash and avoid disposal in any plumbing system.





# **Natural Daily Fiber**

- Promotes Heart Health\*
- Supports Regularity\*





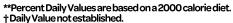
36 Servings

**NET WT. 9 OZ. (255g)**Bulk Forming Dietary Supplement

## **Supplement Facts**

Serving Size: 1 Heaping Tablespoon (7g) Servings Per Container: 36

	Amount Per Serving	%Daily Value
Calories	25	
Total Carbohydrate	6g	2%**
Dietary Fiber	5g	20%**
Soluble Fiber	4g	†
Iron	0.8 mg	4%
Psyllium Husk	6.5g	†



Other Ingredients: Natural Pineapple Flavor, Citric Acid, Tartaric Acid. Stevia Leaf Extract.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For California Residents Only. Warning: This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

**Notice:** This dietary supplement should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not use this product if you have difficulty swallowing.

Manufactured by:



**6000** 

www.healthplusinc.com Chino, CA 91710 U.S.A (800) 822-6225









