

It's hard to beat SYNTHA-6®. Since 2004, nothing has matched the milkshake-like flavor and creamy texture—until now. Say hello to SYNTHA-6® and COLD STONE CREAMERY™ BIRTHDAY CAKE REMIX™. A decadent combination of Cake Batter™, Brownie and Fudge flavors mixed with real Cookie Bits and Rainbow Sprinkles—plus it's packed with ultra-premium BSN® protein complex. We outdid ourselves, once again.

ULTRA-PREMIUM PROTEIN. ULTRA-PREMIUM TASTE.™

DIRECTIONS: Take 1 scoop with 4-5 fl oz. of cold water or any beverage of your choice. To increase your protein intake per serving and achieve an even more amazing milkshake experience, use non-fat or low-fat milk.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

Lecithin is a phospholipid complex derived from soybean oil, which is used to promote mixability.

This product has been manufactured by a Good Manufacturing Practices (GMP) facility.

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This product contains ingredients of international and domestic origin



10g
ESSENTIAL
AMINO ACIDS

NATURALLY
OCCURRING EAAs

MUSCLE
RECOVERY

200
CALORIES

LEAN
MUSCLE

22g
PROTEIN



USE ANYTIME,
DAY OR NIGHT



FINISH FIRST.®

SYNTHA-6®



PROTEIN POWDER DRINK MIX NET WT 2.59 LB (1.17 KG)

25
SERVINGS

**BIRTHDAY
CAKE
REMIx™**
NATURALLY &
ARTIFICIALLY FLAVORED

Nutrition Facts

25 servings per container

Serving size About 1 Scoop (47g)

Amount per serving

Calories **200**

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 2g **10%**

Cholesterol 65mg **22%**

Sodium 170mg **7%**

Total Carbohydrate 15g **5%**

Total Sugars 4g

Includes 2g Added Sugars **4%**

Protein 22g **44%**

Calcium 170mg **15%**

Iron 0.5mg **2%**

Potassium 240mg **6%**

Phosphorus 140mg **10%**

Magnesium 20mg **4%**

Not a significant source of trans fat, dietary fiber and vitamin D.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Matrix Comprised of (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Micellar Casein, Milk Protein Isolate, Egg Albumen, Glutamine Peptides), Sunflower Creamer (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Tocopherols), Polydextrose, Cookie Crumbs (Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid], Sugar, Palm and Palm Kernel Oil Blend, Cocoa [Processed With Alkali], High Fructose Corn Syrup, Corn Flour, Salt, Dextrose, Sodium Bicarbonate, Soy Lecithin), Sprinkles (Sugar, Corn Starch, Vegetable Oil (Palm, Palm Kernel), Dextrin, Soy Lecithin, Confectioner's Glaze, Natural and Artificial Flavor, Red 40 Lake, Carnauba Wax, Yellow 6 Lake, Blue 1 Lake, Yellow 5 Lake, Red 3, Blue 1, Red 40), Natural and Artificial Flavor, MCT Powder (Medium Chain Triglycerides, Nonfat Dry Milk, Disodium Phosphate, Silicon Dioxide), Lecithin, Cellulose Gum, Salt, Sucralose, Acesulfame Potassium, Papain, Bromelain.

CONTAINS: Egg, Milk, Soy, and Wheat.

MANUFACTURED BY:
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Contents sold by weight, not volume.