

GNC
TOTAL LEAN®

LEAN SHAKE™ Green

Hunger-satisfying, plant-based
meal replacement

SOY & GLUTEN FREE, VEGAN

CALORIES

170

PROTEIN

25G

SUGAR

0G

VANILLA
NATURAL FLAVOR

4-14 FL OZ (414 ML) BOTTLES—(56 FL OZ)(1.65 L)

4 SERVINGS

CODE 449954

FTG

DIRECTIONS FOR USE: SHAKE WELL BEFORE DRINKING. Use as a meal replacement or convenient snack. Chill before drinking. Refrigerate after opening.

Nutrition Facts

4 Servings Per Container

Serving Size One Bottle 14 fl oz. (414 mL)

Amount Per Serving

Calories **170**

		% Daily Value*
Total Fat 6g		8%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 550mg		25%
Total Carbohydrate 4g		1%
Dietary Fiber 1g		4%
Total Sugars 0g		
Includes 0g Added Sugars		0%
Protein 25g		50%
Vitamin D 5mcg (200 IU)	25%	• Calcium 500mg 40%
Iron 5mg	25%	• Potassium 100mg 2%
Vitamin A 225mcg	25%	• Vitamin C 23mg 25%
Vitamin E 4mg	25%	• Vitamin K 30mcg 25%
Thiamin 0.3mg	25%	• Riboflavin 0.3mg 25%
Niacin 4mg	25%	• Vitamin B-6 0.4mg 25%
Folate 100mcg DFE (60mcg Folic Acid)	25%	• Vitamin B-12 0.6mcg 25%
Biotin 7.5mcg	25%	• Pantothenic Acid 1.3mg 25%
Phosphorus 600mg	50%	• Iodine 38mcg 25%
Magnesium 100mg	25%	• Zinc 2.8mg 25%
Selenium 14mcg	25%	• Copper 0.2mg 25%
Manganese 0.6mg	25%	• Chromium 9mcg 25%
Molybdenum 11mcg	25%	

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Filtered Water, Protein Blend (Pea Protein Isolate, Brown Rice Protein Concentrate), and less than 2% of: Sunflower Oil, Natural Flavor, Vitamin & Mineral Blend (Calcium Phosphate, Magnesium Phosphate, Potassium Phosphate, Sodium Ascorbate, Ferric Orthophosphate, Zinc Amino Acid, Tocopheryl Acetate, Biotin, Vitamin A Palmitate, Niacinamide, Phytomenadione, Potassium Iodide, D-calcium Pantothenate, Chromium Chloride, Copper Amino Acid, Cyanocobalamin, Sodium Molybdate, Sodium Selenite, Folic Acid, Ergocalciferol, Pyridoxine Hydrochloride, Riboflavin, Thiamin, Manganese Sulfate), Gellan Gum, Locust Bean Gum, Salt, Stevia Extract, Monk Fruit Extract, VitaVeggie® Vegetable Powder Blend (Broccoli Sprout Concentrate, Onion Extract, Tomato, Broccoli, Carrot, Spinach, Kale, Brussels Sprouts), Carrageenan.

NOTICE: Use in conjunction with the Total Lean® Meal and Exercise Plan found on www.totallean.com.

Do not use in diets supplying less than 400 calories per day without medical supervision.

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.

VitaVeggie®

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Gf
GLUTEN
FREE

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

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