



### MY GUARANTEE

The ingredients in this bottle are what I have long recommended taking to support your body's own testosterone production. Each ingredient has science-based research to support its effectiveness at the doses provided in Alpha JYM. I designed this product, and all of the JYM products, for my own use. Now you have the same tools to maintain healthy testosterone levels—as well as optimize your strength, lean mass gains, and mental function.\*



Jim Stoppani, PhD  
Owner - JYM Supplement Science



SCAN THE CODE OR VISIT  
[JIMSTOPPANI.COM/JYM-TRIAL](http://JIMSTOPPANI.COM/JYM-TRIAL)

GET ONE MONTH OF  
**FREE ACCESS**  
TO HUNDREDS OF JYM'S WORKOUTS



For more info on the JYM Supplement Science Lexicon and how it can help you optimize your results, go to [JYMSupplementScience.com](http://JYMSupplementScience.com).

For questions regarding JYM products go to:  
[@JimStoppani](https://www.instagram.com/JimStoppani) [@DrJimStoppani](https://www.facebook.com/DrJimStoppani) or  
[JYMSupplementScience.com](http://JYMSupplementScience.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

**ALPHA** STRENGTH | MUSCLE GROWTH | VIRILITY™

**JYM**<sup>®</sup>  
supplement science

**1000mg** | **1000mg** | **200mg**  
FENUGREEK | ASHWAGANDHA | EURYCOMA  
AMOUNT PER DAY | AMOUNT PER DAY | AMOUNT PER DAY

THE ONLY TESTOSTERONE SUPPORT PRODUCT  
DESIGNED AND USED BY DR. JIM STOPPANI

180 CAPSULES, DIETARY SUPPLEMENT

### Supplement Facts

Serving Size: 3 Veggie Capsules  
Servings Per Container: 60

#### Amount Per Serving

Fenugreek seed extract (50% saponins)	500mg †
Damiana (leaf)	500mg †
Diindolylmethane (DIM)	250mg †
Ashwagandha root extract 5:1	500mg †
Eurycoma longifolia root 100:1 extract	100mg †
Quercetin (as quercetin dehydrate)	250mg †

† Daily Value not established

OTHER INGREDIENTS: Magnesium stearate, Silicon dioxide, Microcrystalline cellulose

#### DIRECTIONS:

Take three capsules with a meal twice a day. On days that you are not training, take one dose in the morning and one dose at night. On days that you train, take one dose about an hour before workouts and take the other dose in the morning or at night depending on when you train.

#### WARNINGS:

KEEP OUT OF REACH OF CHILDREN. Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken. Do not use if you are pregnant or nursing, under 18 years of age, have any known or suspected medical conditions, and/or if you are taking any prescription or OTC medications. This product contains chemicals known to the State of California to cause cancer and birth defects or reproductive harm.



DISTRIBUTED BY:  
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