







Suggested Use: Add 1 heaping scoop of Muscle Matrix with 6 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency. Consume 1 scoop within 20 minutes after your workouts. Consume 1-3 servings daily as needed to satisfy your protein requirements. Do not use as a sole source of nutrition.

PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN UU / OFAST **WHEY PROTEIN ISOLATE** 

SLOW 4100 MICELLAR CASEIN

Each serving Muscle Matrix contains 30 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair.

NO WHEY CONCENTRATE NO ION EXCHANGE WHEY **NO PROPRIETARY BLENDS** 

NO BANNED SUBSTANCES
NO DEXTROSE/MALTODEXTRIN

NO FILLERS, EXCIPIENTS or CREAMERS

NO HIDDEN INGREDIENTS <1 GRAM of FAT & SUGAR

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

Alanine966	Lysine 2251
Arginine725	Methionine581
Aspartic Acid 2133	Phenylalanine 934
Cysteine 409	Proline1967
Glutamic Acid4807 (Glutamine Precursor)	Serine1189
Glycine512	Threonine 1382
Histidine532	Tryptophan359
Isoleucine*** 1439	Tyrosine 1046
Leucine*.* 2357	Valine*.*1413



\*\* Branch Chain Amino Acids



HIGH PROTEIN | LOW CALORIE

COMPLETE PROTEIN MATRIX

**MAXIMIZE** 

**BUILD** 

4-HOUR

Protein Synthesis<sup>‡</sup> & Repair Muscle<sup>‡</sup> Sustained Release

Natural & Artificial Flavoring Dietary Supplement Net Wt. 2 lb (907 grams)

MADE IN OUR **Supplement Facts GMP** Serving size: 1 scoop (30.36 grams)

**FDA** 

INSPECTED FACILITY

25**G** 

**PROTEIN** 

**CALORIES** 

**NON GMO** 

**ALPINE VANILLA** 

**0**D

Servings per container: 29.87

% Daily Value
1%
1%
1%
1 /0
3%
<1%
-
50%
38%
17%
3%
2%
3%

Whev Protein Isolate (non-denatured) 16.31q † (CFM cross flow micro and ultra-filtered WPI90. Cold processed. Instantized with sunflower lecithin. Yielding 14.19g complete protein)

Micellar Casein (non-denatured) 13.35q (Cold processed. Instantized with sunflower lecithir Yielding 10.81g complete protein) Flavoring 704mg

(natural flavor 500mg, xanthan gum 167mg, sucralose 37mg) \* Percent Daily Values are based on a 2000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: ABSOLUTELY NONE

Allergens: Milk. Kosner, Non-GMO, Gluten Free ree Soy Free, & BSE/TSE Free as a dietary supplement only. product is intende

PLACE. SERVING SCOOP INCLUDED OTTOM DURING SHIPPING.)

hese statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or

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WITH DOSAGE SPIKING NGREDIENT DISCLOSED V AMINO ACID S VERY IN NO





