Known as the building blocks of protein BCAAs are a proven way to support lean muscle maintenance, prevent training fatigue and promote recovery Unfortunately many RCAA formulas short-change results by failing to include FAAs (Essential Amino Acids) - and that's where HydroBCAA™ comes in HydroRCΔΔ™ is a complete amino acid and electrolyte replenishment formula designed as a comprehensive solution for your training and recovery needs.+

Branch Chain Amino Acids (Leucine, Isoleucine & Valine) are critically important for the stimulation of muscle protein synthesis, the reduction of protein breakdown and for preserving muscle glycogen stores. These amino acids are rapidly absorbed into the bloodstream, which makes them efficient and effective +

Essential Amino Acids are 'essential' to obtain through diet because the body cannot produce them on its own. They are the key to a variety of functions, including the production of cellular energy, promotion of cellular repair, promotion of healthy digestion, prevention of muscle breakdown, and more.+





SUGGESTED USE: As a dietary supplement mix 1 scoon (14.5a) of HydroBCAA™ with 8-10 fluid oz. of cold water. HydroBCAA™ can be consumed prior to training, during training and after training for maximum efficacy.

Supplement Facts

Serving Size: 1 Scoop (14.5g) Servings Per Container: 30

| | Amount Per Serving | % DV |
|---|--------------------|-------------|
| Calories | Omg | 0% |
| Total Carbohydrates | Omg | 0% |
| Sugars | Omg | 0% |
| Calcuim (as calcium citrate) | 50mg | 4% |
| Magnesium (as magnesium citrate) | 50mg | 12% |
| Sodium (as sodium citrate) | 50mg | 2% |
| Potassium (as potassium chloride) | 100mg | 2% |
| 2:1:1 BCAA Blend L-Leucine, L-Isoleucine, L-Valine | 7g | ** |
| EAA Blend: | 3a | ** |

L-Threonine, L-Phenylalanine, L-Lysine, L-Histidine, L-Methionine, L-Tryotophan

Other Ingredients: Citric Acid, Natural Flavors, Sucralose. Silicon Dioxide. Acesulfame Potassium. Beet Root Powder (for color)

No Artificial Colors or Dyes

STORE IN A COOL. DRY PLACE. CONTENT SOLD BY WEIGHT NOT VOLUME: SOME SETTLING MAY OCCUR. PROTECT FROM HEAT. LIGHT. AND MOISTURE.

Contains 0% Juice







^{**} Daily Value (DV) not established