

## GOLD STANDARD 100% ISOLATE™

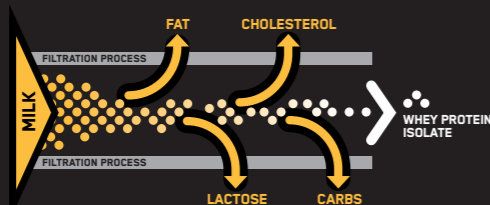
To create GOLD STANDARD 100% ISOLATE™, we start by selecting only the highest quality whey protein which undergoes a series of sophisticated filtration processes to 'isolate' out excess fat, cholesterol, and sugar. A portion of this Whey Protein Isolate is then hydrolyzed - broken down into smaller chains of amino acids - for easier digestion. The final product is a fast digesting complete protein containing no more than 1 gram of carbohydrates, 0.5 grams of fat and more than 80% of pure protein per serving. We put in the hard work to assure superior quality, so you can focus on achieving ambitious performance goals.

Peel back the label to learn more about our quality credentials.

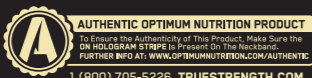
### BEYOND THE BASICS

- 25 Grams of Pure Whey Protein Isolate
- 1 Gram of Carbs per Serving
- Hydrolyzed and Ultra Filtered Whey Protein Isolate
- Each Serving of GOLD STANDARD 100% ISOLATE™ is Composed of at Least 80% Protein
- Delicious Taste in 6-8 Fluid Ounces of Cold Water
- 5.5 Grams of Naturally Occurring BCAAs
- 4.3 Grams of Naturally Occurring Glutamine & Glutamic Acid
- 11.4 Grams of Naturally Occurring Essential Amino Acids

## ULTRA FILTERED FOR EXCEPTIONAL PURITY



Using a series of sophisticated separation processes, excess fat, cholesterol, sugars, and other materials are removed so that 0.5 grams of total fat and 1 gram of carbohydrates remain in each serving of Gold Standard 100% Isolate™.



1 (800) 705-5226 TRUESTRENGTH.COM



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# 100% ISOLATE

HYDROLYZED AND ULTRA-FILTERED WHEY PROTEIN ISOLATE

CHOCOLATE BLISS  
Naturally & Artificially Flavored

25G PROTEIN | 5.5G BCAAS | 1G CARB

## Nutrition Facts

24 servings per container  
Serving size About 1 Scoop (31g)

Amount per serving  
**Calories 110**

	% Daily Value*
<b>Total Fat</b> 0.5g	<b>1%</b>
<b>Cholesterol</b> <5mg	<b>2%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
<b>Protein</b> 25g	<b>50%</b>
Calcium 150mg	10%
Iron 0.5mg	2%
Potassium 240mg	6%

Not a significant source of saturated fat, trans fat, dietary fiber, total sugars, added sugars and vitamin D.

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Partially Hydrolyzed Whey Protein Isolate, Whey Protein Isolate, Cocoa (Processed with Alkali), Natural and Artificial Flavor, Lecithin, Salt, Sucralose.

CONTAINS: Milk and Soy.

MANUFACTURED BY  
OPTIMUM NUTRITION, INC.   
3500 Lacey Road, Suite 1200  
Downers Grove, IL 60515  
1 (800) 705-5226

## QUALITY TESTING



In addition to testing each ingredient that arrives at our factory to verify precise specifications, OPTIMUM NUTRITION tests every product at different stages of production. This uncompromising commitment to quality assurance is what distinguishes us as a company.

TO LEARN MORE ABOUT WHAT SEPARATES OPTIMUM NUTRITION FROM THE REST, PEEL BACK THE LABEL OR VISIT [OPTIMUMNUTRITION.COM/TRACKMYTUB](http://OPTIMUMNUTRITION.COM/TRACKMYTUB)

DIRECTIONS: Mix 1 scoop (31g) with 6 to 8 fluid ounces of cold water.

SUGGESTED USE: For healthy adults, consume enough protein to meet your daily protein requirements with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

STORE IN A COOL, DRY PLACE.

MANUFACTURED IN THE USA  
This product contains ingredients of international and domestic origin

CONTENTS SOLD BY WEIGHT NOT VOLUME.  
SERVING SCOOP INCLUDED, BUT MAY SETTLE TO THE BOTTOM DURING SHIPPING

100% OF THE PROTEIN FROM WHEY | GLUTEN FREE | BANNED SUBSTANCE TESTED

24 SERVINGS

NET WT 1.64 LB (744 G) PROTEIN POWDER DRINK MIX

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

PEEL HERE