

NUTRITION • LEAN MUSCLE • RECOVERY • WEIGHT MANAGEMENT

ULTRA PREMIUM PROTEIN MATRIX



SYNTHA-6™

AN ULTRA-PREMIUM LEAN MUSCLE PROTEIN POWDER



EXCELLENT SOURCE OF FIBER
CONTAINS 6g OF TOTAL FAT /SERVING



22 GRAMS
PROTEIN PER SCOOP



10 GRAMS
NATURALLY OCCURRING EAAs PER SERVING



USE ANYTIME DAY OR NIGHT

VANILLA ICE CREAM
Naturally & Artificially Flavored

AM TRAINING:

- 6:00 am** **SHAKE**
1 Scoop of SYNTHA-6™
- 6:30 am** **PRIMER SUPPLEMENT**
4 NITRIX® 2.0 Tablets
- 7:00 am** **PRE-TRAINING SUPPLEMENT**
1-2 Scoops of N.O.-XPLODE™ 2.0
- 7:30 am** **TRAINING**
0-10 Minutes Post-Training
1 Scoop of CELLMASS® 2.0
20-30 Minutes Post-Training Shake
1 Scoop of SYNTHA-6™
Simple Carbohydrates
- 10:30 am** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water
- 1:00 pm** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water
- 4:00 pm** **SHAKE**
1 Scoop of SYNTHA-6™
- 7:00 pm** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water
- 9:30 pm** **SHAKE & SUPPLEMENT**
1 Scoop of CELLMASS® 2.0
1 Scoop of SYNTHA-6™

PM TRAINING:

- 7:00 am** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water
- 10:00 am** **SHAKE**
1 Scoop of SYNTHA-6™
- 1:00 pm** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water
- 4:00 pm** **SHAKE**
1 Scoop of SYNTHA-6™
- 5:00 pm** **PRIMER SUPPLEMENT**
4 NITRIX® 2.0 Tablets
- 5:30 pm** **PRE-TRAINING SUPPLEMENT**
1-2 Scoops of N.O.-XPLODE™ 2.0
- 6:00 pm** **TRAINING**
0-10 Minutes Post-Training
1 Scoop of CELLMASS® 2.0
20-30 Minutes Post-Training Shake
1 Scoop of SYNTHA-6™
Simple Carbohydrates
- 9:00 pm** **MEAL**
Lean Protein, Complex Carbs,
Vegetable, Water

NUTRITION • LEAN MUSCLE • RECOVERY • WEIGHT MANAGEMENT

ULTRA PREMIUM PROTEIN MATRIX

NUTRITION FACTS

Serving Size 1 Rounded Scoop (47g)
Servings Per Container about 97

Amount Per Serving		% Daily Value*
Calories 200	Calories From Fat 50	
Total Fat 6g		9%
Saturated Fat 2g		10%
Trans Fat 0g		
Cholesterol 70mg		23%
Sodium 190mg		8%
Potassium 220mg		6%
Total Carbohydrate 15g		5%
Dietary Fiber 5g		20%
Sugars 4g		
Protein 22g		44%

Vitamin A 0%	Vitamin C 0%
Calcium 15%	Iron 0%
Phosphorus 15%	Magnesium 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Ingredients: Protein Matrix Comprised of (Whey Protein Concentrate, Whey Protein Isolate, Calcium Caseinate, Micellar Casein, Milk Protein Isolate, Egg Albumen and Glutamine Peptides), Polydextrose, Sunflower Powder (Sunflower Oil, Corn Syrup Solids, Sodium Caseinate, Mono- & Di-Glycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin and Tocopherols), Natural & Artificial Flavors, MCT Powder (Medium Chain Triglycerides, Non-Fat Dry Milk, Disodium Phosphate, and Silicon Dioxide), Lecithin, Cellulose Gum, Salt, Sucralose, Acesulfame Potassium, Papain and Bromelain.

ALLERGEN INFORMATION:
Contains Milk, Egg, Wheat, and Soy (Lecithin) ingredients.

Developed By & Manufactured Exclusively For: Bio-Engineered Supplements & Nutrition, Inc., Boca Raton, FL 33487 USA 877.673.3727

Allergen Warning:
Manufactured on equipment which processes products containing milk, egg, soybeans, wheat, and tree nuts.

ULTRA-PREMIUM PROTEIN. ULTRA-PREMIUM TASTE.™

SYNTHA-6™ INGREDIENT HIGHLIGHTS:

- Multi-Functional Ultra-Premium Protein Matrix
- Naturally Occurring BCAAs and other Essential and Non-Essential Amino Acids
- MCTs, EFAs, Glutamine Peptides, and Fiber
- Zero Milligrams of Aspartame

Stack with NITRIX® 2.0, N.O.-XPLODE™ 2.0 and CELLMASS® 2.0 for maximum physique and performance impact.

DESIGNED FOR: Any individual who wants an ultra-premium protein powder to help them reach their nutritional and physique goals.

DIRECTIONS: Take 1 scoop with 4-5 oz. of cold water or any beverage of your choice. To increase your protein intake per serving and to achieve an amazing milkshake taste, use non-fat or low fat milk.

NOTE: Before consuming SYNTHA-6™ seek advice from a physician if you are unaware of your current health condition, have any pre-existing medical condition, taking any medication, planning any medical procedure, contemplating pregnancy, pregnant, or nursing. Reduce or discontinue use if any adverse reactions occur such as but not limited to gastrointestinal discomfort. SYNTHA-6™ is only intended to be consumed by healthy adults 18 years of age and older. Keep out of reach of children and pets. Store in a dry place away from direct sunlight.

Lecithin is a phospholipid complex derived from soybean oil, which is used to promote mixability.

Contents sold by weight not volume.

This product has been distributed by a NSF Good Manufacturing Practices (GMP) Registered facility.



V.1.810.0712US

WWW.BSNONLINE.NET

NET WEIGHT 10.05 lb (4.56 kg) • PROTEIN POWDER DRINK MIX

WWW.BSNONLINE.NET

VANILLA ICE CREAM
Naturally & Artificially Flavored

WWW.BSNONLINE.NET