DIRECTIONS: Take two capsules daily, preferably with a meal.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a health care professional or poison control center immediately.

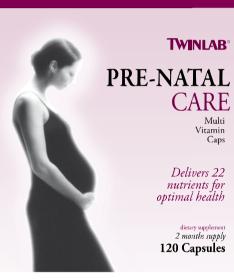
Twinlab Pre-Natal Care contains no added sodium, artificial colors, sweeteners or preservatives.

<sup>1</sup>Ferrochel<sup>8</sup> Iron Bisglycinate is a registered trademark of Albion Laboratories, Inc. Ferrochel<sup>8</sup> is a unique form of chelated iron formulated for maximum absorption without gastrointestinal irritation or the constipating effects that often accompany iron supplementation.

Best if used by date shown on bottle.

MANUFACTURED BY TWINLAB CORPORATION AMERICAN FORK, UT 84003 USA 1-800-645-5626 | www.twinlab.com





## Supplement Facts Serving Star 2 Capsules Servings Per Container 60

Amount Per Serving		% DV
Vitamin A (4800 IU as retinyl palmitate	8000 IU	100%
and 3200 IU as beta-carotene)		
Vitamin C (as ascorbic acid)	120 mg	200%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl acid succinate)	60 IU	200%
Thiamin (as thiamine mononitrate)	3 mg	177%
Riboflavin	3.4 mg	170%
Niacin (as niacinamide)	40 mg	200%
Vitamin B6 (as pyridoxine hydrochloride)	4 mg	160%
Folic Acid	800 mcg	100%
Vitamin B12 (as cyanocobalamin)	12 mcg	150%
Biotin	600 mcg	200%
Pantothenic Acid (as d-calcium pantothenate)	20 mg	200%
Calcium (as calcium carbonate and calcium citrate)	400 mg	31%
Iron (as Ferrochel® iron bisglycinate) <sup>1</sup>	20 mg	111%
lodine (as potassium iodide)	300 mcg	200%
Magnesium (as magnesium oxide	200 mg	44%
and magnesium aspartate)		
Zinc (as zinc citrate)	15 mg	100%
Copper (as copper gluconate)	2 mg	100%
Manganese (as manganese gluconate)	2 mg	100%
Choline (as choline bitartrate)	10 mg	t
Inositol	10 mg	Ť
PABA	1 mg	t
† Daily Value (DV) not established.		

OTHER INGREDIENTS: Gelatin, microcystaline cellulose, Contains 2% or less of: Croscarmellose sodium, medium chain trighosrides, soy leatilin, polysorbate 80, calbium stearale, potassium chloride, silica, potassium citrate. Contains soy.