

Nutrition Facts

Serving Size 1 Bar (60g)
Servings Per Container 12

Amount per serving

Calories 180 Calories from Fat 50

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 3.5g **18%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 220mg **9%**

Total Carbohydrate 24g **8%**

Dietary Fiber 14g **56%**

Sugars <1g

Erythritol 6g

Protein 21g **42%**

Vitamin A 0% • Vitamin C 0%

Calcium 10% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

INGREDIENTS: PROTEIN BLEND (MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), SOLUBLE CORN FIBER, ERYTHRITOL, WATER, PALM KERNEL OIL, ALMONDS, NATURAL FLAVORS, SODIUM CASEINATE. CONTAINS LESS THAN 2% OF THE FOLLOWING: SEA SALT, GUM ARABIC, SPIRULINA EXTRACT (COLOR), RED CABBAGE EXTRACT (COLOR), TURMERIC EXTRACT (COLOR), RADISH EXTRACT (COLOR), SUCRALOSE, SUNFLOWER LECITHIN.

CONTAINS: MILK, ALMONDS

PROCESSED IN A FACILITY THAT ALSO PROCESSES EGGS, PEANUTS, SOY, WHEAT, AND OTHER TREE NUTS.

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EL SEGUNDO, CA 90245
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MADE IN USA WITH DOMESTIC AND IMPORTED INGREDIENTS.

QUEST NUTRITION
IS ON A MISSION TO MAKE THE
FOODS YOU CRAVE

WORK FOR YOU
NOT AGAINST YOU



*24g Carbs - 14g Fiber - 6g Erythritol = 4g Net Carbs

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4g NET CARBS* | <1g SUGAR | 14g FIBER PER BAR
SEE NUTRITION FACTS FOR CALORIES AND TOTAL FAT CONTENTS.

21g
PROTEIN

BIRTHDAY
CAKE
FLAVOR

QUEST
PROTEIN
BAR

For Illustration Only

12 — 2.12 OZ (60g) Bars NET WT 1.6 LB (720g)



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WORK FOR YOU NOT AGAINST YOU

That's why we only use complete dairy-based proteins to provide your body with all nine of the essential amino acids it needs. We use custom recipes to create our own chocolate flavored chips, cookie pieces, and other inclusions to make every bite as delicious as your cravings.

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QUEST
PROTEIN
BAR

BIRTHDAY
CAKE
FLAVOR

21g
PROTEIN

4g NET CARBS*
<1g SUGAR
14g FIBER
PER BAR



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SEE NUTRITION
FACTS FOR CALORIES
AND TOTAL FAT CONTENTS.

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