

- GREEN TEA
- WHEAT GRASS
- SPIRULINA
- MATCHA TEA
- BARLEY GRASS
- ALOE VERA
- CRANBERRY
- KALE
- CHLORELLA
- BLUEBERRY
- TART CHERRY
- SPINACH
- BEETS
- GINSENG
- VITAMIN C
- VITAMIN B12

- Protect from heat and moisture.
- Do not use if seal is broken.



GARDEN OF GREENS®

ENERGY GREENS

HEALTH & ENERGY

14 Super Foods Vitamin C & B12



NATURAL LEMON-LIME FLAVOR

10 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Tablet

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Dietary Fiber	<1 g	2%*
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin B12 (as cyanocobalamin)	250 mcg	1042%
Sodium	410 mg	18%
(as sodium bicarbonate and sodium carbonate)		
Greens Blend:	700 mg	†
Wheat Grass, Microcrystalline Cellulose, Green Tea Extract (100 mg caffeine), Spirulina, Matcha Tea Leaf, Aloe Leaf (gel) Extract, Barley Grass, Broccoli, Kale, Chlorella, Spinach, Brussels Sprouts, Green Cabbage, American Ginseng Root Extract		

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Citric acid, natural flavor, maltodextrin, L-leucine, rebaudioside A, canola oil, silica and magnesium stearate.

DIRECTIONS: Add 1 tablet to 8 fl. oz. of water and allow to effervesce.

© 2017 Copyright Garden Greens®
All rights reserved.

Distributed by:
Garden Greens®
10 Henderson Drive
West Caldwell, NJ 07006

Garden-Greens.com



ITEM# N10214