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product info

Read the entire label and follow directions carefully prior to use.

**DIRECTIONS:** Take one (1) capsule daily with food, or as recommended by a healthcare practitioner.

**CAUTION:** Individuals with manic or bipolar disorder should not use Rhodiola. Take early in the day if Rhodiola Extract interferes with your sleep.

**WARNINGS:**

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Q00889I



# LifeExtension®

## Rhodiola Extract

3% Rosavins

250 mg



Promotes Cellular  
and Physical Energy\*

Dietary  
Supplement

60 Vegetarian  
Capsules

### Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value
Rhodiola extract (root) [std. to 3% rosavins, NLT 1% salidosides]	250 mg **

\*\*Daily Value not established.

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, vegetable stearate, silica.

Non-GMO

Manufactured for:  
Quality Supplements and Vitamins, Inc.,  
Ft. Lauderdale, FL 33309  
LifeExtension.com

To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Store tightly closed in a cool, dry place.