



Need a little push?

Features Litesse® fiber to gently cleanse your body of toxins, a blend of vitamins and minerals to help support your metabolism and a prebiotic to improve bloating and support digestive comfort.** More power to you!

No Artificial Sweeteners,
Gluten Free, No Soy.
NOTICE: Significant product settling may occur.

For More Information:
1-888-462-2548

GNC.com
Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA
KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.
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[^] In a randomized, double-blind, placebo-controlled, crossover trial, where 83 individuals took a daily dose of 1.37 g B-GOS® and placebo for 14 days each, during which B-GOS® subjects experienced statistically significant improvements in bloating and digestive comfort at the 7- and 14-day time points, compared to placebo.

NET WT 4.8 OZ (137.2 G) DIETARY SUPPLEMENT

CODE 318486

DTG

DIRECTIONS: As a dietary supplement, mix one scoop with 8 to 10 fl. oz. of water. Drink adequate amounts of water daily.

Supplement Facts

Serving Size 1 Scoop (9.8 g)/Servings Per Container 14

Amount Per Serving	% Daily Value
Calories.....	20
Total Carbohydrate.....	8 g 3%†
Dietary Fiber.....	5 g 18%
Total Sugars.....	<1 g
Includes 0 g Added Sugars.....	0%†
Vitamin C (as Ascorbic Acid).....	50 mg 56%
Thiamin (as Thiamin Mononitrate).....	1.2 mg 100%
Riboflavin.....	1.3 mg 100%
Niacin (as 50% Niacin & 50% Niacinamide).....	16 mg 100%
Vitamin B-6 (as Pyridoxine HCl).....	1.7 mg 100%
Folate.....	100 mcg DFE 25%
(60 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin).....	3.6 mcg 150%
Biotin.....	30 mcg 100%
Pantothenic Acid (as Calcium D-Pantothenate).....	5 mg 100%
Iodine (as Potassium Iodide).....	75 mcg 50%
Zinc (as Zinc Citrate).....	5 mg 45%
Selenium (as Sodium Selenite).....	55 mcg 100%
Capsimax® Fruit Extract (<i>Capsicum annuum</i>).....	100 mg *
Black Pepper Fruit Extract.....	10 mg *
Detox & Cleanse Support.....	5.57 g *
Litesse® Fiber.....	4 g *
Bimuno® B-GOS® Galactooligosaccharides.....	137 g *
Apple Cider Vinegar Powder.....	200 mg *
Fruits, Greens, Spices & Enzymes.....	2 g *
Organic Fermented Grass Blend (Barley, Alfalfa, Wheat, Oat), Organic Spirulina, Organic Fiber Blend (Blue Agave Inulin, Flax Seed), Antioxidant & Spice Blend (Green Tea Leaf Extract, Apple Fruit Extract, Grape Seed Extract, Organic Apple Peel, Organic Ginger Root, Organic Turmeric Root, Organic Cinnamon Bark), Organic Chlorrella, Organic Dulse, Organic Vegetable Blend (Beet, Broccoli, Carrot, Green Cabbage, Kale, Parsley, Spinach), Organic Fruit Blend (Apple, Blueberry, Raspberry, Strawberry, Tomato), Digestive Enzyme Blend (Protease, Amylase, Papain, Amyloglucosidase, Cellulase, Hemicellulase, Lactase, Lipase)	
Vegetarian Amino Acid Blend.....	50 mg *
(Glycine, DL-Methionine, L-Ornithine HCl, L-Proline, L-Serine)	
Rejuvenating Antioxidant Blend.....	120 mg *
alpha-Lipoic Acid.....	50 mg *
Turmeric Root Extract (<i>Curcuma longa</i>).....	50 mg *
(95% Curcuminoids = 47.5 mg)	
Setria® L-Glutathione.....	10 mg *
trans-Resveratrol.....	10 mg *

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Natural Flavors (Natural Apple Flavor and Other Natural Flavors), Citric Acid, Guar Gum, Highly Purified Steviol Glycosides, Silica. **CONTAINS:** Wheat and Milk.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery. Inform your physician of this product's biotin content before any lab test.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information, go to www.P65Warnings.ca.gov/food.

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Setria® is a registered trademark of Kyowa HAKKO Bio Co., Ltd.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.