


*Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.<sup>®</sup>*

 **Iron** is an essential part of hemoglobin, the oxygen-carrying molecule in red blood cells. It is also found in enzymes necessary for respiration and as part of the Krebs cytochrome energy cycle.\*

**Questions?** Call 1-800-9NATURE or visit [naturesway.com](http://naturesway.com). Our Iron gluconate is carefully tested and produced to certified quality standards.

**SATISFACTION GUARANTEED.** Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

LN41041.100  
(BLK8287)



\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

Nature's Way<sup>®</sup>

QUALITY

**Iron**  
**18 mg**  
**CHELATED**

**100 Capsules / Certified Potency**

DIETARY SUPPLEMENT

**ENHANCED  
ABSORPTION**

**Recommendation:** Take 1 capsule daily, preferably with food.

**Warning:** Accidental overdose of iron containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or poison control center immediately.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

Amount Per Serving	% Daily Value
Iron (as Iron gluconate)	18 mg 100%

Other ingredients: Cellulose, Gelatin (capsule), Magnesium stearate, Silica

Nature's Way<sup>®</sup> Iron contains no artificial ingredients, preservatives, yeast, milk, lactose, wheat, sugar or soy.

Actual Capsule Size

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Green Bay, WI 54311 USA

