

## L-CARNITINE: THE SCIENCE

**L-Carnitine** is a naturally occurring amino acid that plays an essential role in converting fat into a usable energy source. By enabling the body to use fat as fuel, L-Carnitine supplementation promotes increased metabolism and workout performance.

### Key Benefits of L-Carnitine:

- Promotes Fat Loss\*
- Helps Convert Fat Into Energy\*
- Promotes Increased Metabolism\*
- Supports Increased Energy\*
- Stimulant Free\*



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**RSP**  
NUTRITION

IF YOU HAVE ANY HEALTH CONDITION, ARE PREGNANT, BREAST FEEDING OR TAKING MEDICATION, ASK A PHYSICIAN BEFORE USE. KEEP OUT OF REACH OF CHILDREN.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

# RSP

# L-CARNITINE

PHARMACEUTICAL GRADE



120 SERVINGS  
120 CAPSULES  
DIETARY SUPPLEMENT

## SUPPLEMENT FACTS

Serving Size: 1 Capsule  
Servings Per Container: 120

Amount Per Serving	
L-Carnitine (As of L-Carnitine L-Tartrate)	500 mg

† Daily value (DV) not established\*

**Other Ingredients:** Gelatin, Plant Cellulose, Silicon Dioxide, and Magnesium Stearate.

**Directions:** Take 1 capsule 1 to 3 times daily with or without meals.