Vitamin B6 is part of the group of essential nutrients known as the B complex. B Complex vitamins, including B6, work to support energy metabolism in the body. B6 helps maintain a healthy nervous system. Along with folic acid and B12, B6 promotes heart health by supporting healthy levels of homocysteine already within a normal range. It also plays an integral role in the production of red blood cells.\*

Carefully Manufactured by: Solgar, Inc., 500 Willow Tree Road Leonia, NJ 07605 U.S.A.

For more information, call toll-free 1-877-SOLGAR 4 www.solgar.com ©2017 Solgar, Inc. SOLGB73082 01C



VITAMIN B 6 25 MG

## GLUTEN, WHEAT & DAIRY FREE SUITABLE FOR VEGANS 100 TABLETS DIFTARY SUPPLEMENT

Amount Per Serving %
Vitamin B6 25 mg 1,471 (as pyridoxine HCI)

## DV = Daily Value

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Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Silica, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color. SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet one to two times daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any madications or have any medical condition, please cansult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of rackot of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification # K-1250

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

