GET TO KNOW ME BETTER

I have nothing to hide. Here are the benefits of all of my ingredients:



Highly bioavailable protein & healthy fatty acids, with a great omega 3-6 ratio. With 1 gram of fiber, helping to slow down the release of insulin & provide a steady flow of energy. A complete protein source, containing all essential amino acids.*

Source of zinc, Highly bioavailable, with healthy fatty acids & a complete source of protein, with all 9 essential amino acids.





Contains amino acids, especially lysine to assist in muscle repair and lean muscle growth.*

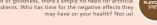
Contains amino acids, especially cysteine and methionine to assist in muscle repair and lean muscle





A nutritional wonder, containing fiber, protein, antioxidants, healthy fatty acids (especially Omega 3 GLA's), calcium, potassium & magnesium all in one. Excellent for skin, anti-aging, bone health, brain function, active lifestyle recovery & overall wellbeing,*

Super delicious and completely natural! When nature has this kind of goodness, there's simply no need for artificial ingredients. Who has time for the negative effects they



DID YOU KNOW ALL PROTEIN STARTS WITH PLANTS?

Mother Nature certainly has us covered. We have gone straight to the source, combining a nutrient dense mix of Hemp, Brown Rice, Pea, Chia and Sacha Inchi protein, perfect for encouraging lean and toned muscle development, and speeding up recovery from an active lifestyle.*

- HIGHLY BIOAVAILABLE PLANT PROTFIN
- SPROUTED & ENZYMATICALLY PROCESSED
- NUTRIENT DENSE & DELICIOUS
- LACTOSE & GLUTEN FREE

- COMPLETE AMINO ACID
- NO ADDED SUGAR
- VEGAN/VEGETARIAN FRIENDLY
- NATURAL MAGNESIUM

WHY HAVE WE USED HEMP?

Of all the proteins in the world, we believe hemp is the purest and most complete form of protein available. Containing all 9 essential amino acids, a perfect ratio of omega 3's and 6's, hemp is a nutrient-dense plant-based protein wonder. So obviously it was an easy decision to include it in our delicious plant protein blends! Hang on though, isn't hemp from the cannabis plant? That's correct, but don't stress. Hemp protein does not contain THC at levels that produce any psychoactive experiences. The only high you'll get from our protein is that great feeling caused by nourishing your body with the best nutrition available!*

WHERE DO OUR INGREDIENTS COME FROM?

We are not shy about declaring the origin of our ingredients! Why? Because we have nothing to hide. We proudly source all natural ingredients from across the globe, including Australia. It goes without saving, certain regions like South America are better for organic ingredients like Sacha Inchi & Chia Seeds. These ancient ingredients date back to the Aztecs and Incas (all the way back to 1500 BC!), so it makes sense to source them from the country with the richest history in cultivating the land and growing these plants. Where possible our ingredients are sourced from within Australia to help support local farmers and our product is proudly blended and packed in our Sydney. Australia facility. The end result? A pure product you can trust, with only the highest quality ingredients and integrity from source to consumer!

IS THIS THE WORLD'S MOST DELICIOUS. HEALTHIEST AND BIOAVAILABLE PROTEIN? WE THINK SO!

We have milled and blended this unique protein in a world-class Australian facility with all natural ingredients to maximise nutrient absorption.

With absolutely no nasties, like fillers or artificial ingredients, you get nothing but the best stuff, in the best ratios and most digestible form for you to enjoy. while your body reaps the benefits.*

*These statements have not been evaluated by the Food and Drug Administration and do not intend to diagnose, treat, prevent or cure any disease.

Vida Glow

BEAUTY PROTEIN

LEAN & TONED HEMP BLEND*



BOOSTED WITH PEA PROTEIN, BROWN RICE PROTEIN. SACHA INCHI, CHIA SEEDS & DIGESTIVE ENZYMES

VEGAN • NO SOY • NON GMO • NO ADDED SUGARS













Supplement Facts Serving Size 1 scoop (approximately 20g)

	Amount Per Serving	% Daily Value
Total Calories	82kcal	
Calories From Fat	20.7kj	
Total Fat	2.3q	2%
Saturated Fat	0.7g	3%
Total Carbohydrate	3.2g	1%
Dietary Fibre	1.2g	5%
Sugars	0.8g	
Protein	13.6g	27%
Calcium	24mg	2%
Iron	4.4mg	24%
Phosphorus	226mg	23%
Zinc	1.6mg	18%
Sodium	159mg	6%
Potassium	109mg	3%
Magnesium	50mg	12%
Omega 3 Fatty Acids	0.3g	
Omega 6 Fatty Acids	0.8g	
Plant Protein Blend		
Organic Sprouted Pea Protein	11.21g	••
Organic Hemp Seed Protein	2.5g	••
Concentrate		
Organic Sprouted Brown Rice	2.5g	••
Protein		
Organic Sacha Inchi Protein	405mg	**
Organic Chia Seeds	405mg	
Digestive Enzyme Blend	175mg	
Amylase, Protease, Cellulase,		
Lactase, Lipase		
Organic Maca (Root)	50mg	**

*Percentage Daily Values are based on a 2,000kcal/8,400kj diet. Your daily value may be higher or lower. **Daily Value not established

Other Ingredients: Organic Raw Cacao (Bean) 9.5%. Coconut Sugar 3%. Stevia Extract (Steviol Glycosides) (Leaf) 0.4%. Natural Chocolate Flavor 0.35%. Xanthan Gum 0.25%. Natural Vanilla Flavor 0.2%, Himalayan Salt 0.03%,

Manufactured for Vida Glow Trading Ltd

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		: Average amino acids conte al Amino Acids	ent (grams/20g proti	ein)	
coleucine" eucine" ysine	0.94 1.66 1.24	Methionine Phenylalanine Threonine	0.31 1.08 0.72	Tryptophan Valine* Histidine	0.2 1.1 0.5
lus all of the	ese				
ystein+Cystine lutamic Acid roline	0.23 3.6 0.5	Tyrosine Alanine Asparatic Acid	0.73 0.88 2.19	Glycine Serine	0.82 1.05

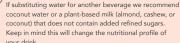
SUGGESTED USE:



ADD 1 SCOOP OF VIDA GLOW BEAUTY PROTEIN TO 1 CUP OF WATER



(OR BEVERAGE OF YOUR CHOICE)





SHAKE OR BLEND WELL



YOU CAN ALSO ADD IT TO A SMOOTHIE

This is optional as when formulating our Beauty Protein we made sure it tastes great just in water!

STORAGE:

Corn

Refrigerate after opening. Reseal after each use and consume within 90 days of opening.

Free from GMO, Eggs, Nuts, Gluten, Dairy, Artificial Ingredients (preservatives, flavors and sweeteners).

CAUTIONS AND WARNINGS:

Very low calorie protein diet (below 400 calories per day) may cause serious illness or death. Do not use for weight reduction in such diets without medical supervision. Not for use by infants, children or pregnant or nursing women, CONTAINS:

Best before/batch number: see bottom of container









DIETARY SUPPLEMENT 25 SERVINGS