



Ionic Manganese

10 mg

A unique blend maximizing absorption, safety and flexibility[‡]

liquimins™



DIETARY SUPPLEMENT
NET 2 FL OZ (59 mL)

Supplement Facts

Serving Size 1.25mL (¼ teaspoon)
Servings Per Container About 48

Amount Per Serving		%DV
Magnesium (from ITM)	30mg	8%
Manganese (as Mang. Gluconate)	10mg	500%
Chloride (from ITM)	70mg	2%
Ionic Trace Minerals (ITM)	400mg	†

†Daily Value (DV) not established.

Other Ingredients: Purified water, potassium sorbate, NON-GMO citric acid. **NON-GMO, CERTIFIED VEGAN.**

Allergen Info: contains no known allergens. **GLUTEN FREE.**

Suggested Use: Using the metered dropper, take 1.25mL daily with juice or food to mask the concentrated mineral flavor. Do not refrigerate.

Ionic Manganese is a concentrated liquid dietary supplement that provides manganese in an ionic form—the form most widely recognized by the body.[‡] Manganese is essential for proper enzyme activation, healthy antioxidant function in cells, metabolism, and healthy bone development.[‡]

Also contains over 72 naturally-occurring ionic trace minerals.

WARNING: Consult your healthcare provider if you are pregnant, nursing, taking any medication or have any medical conditions. Keep out of reach of children.

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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American Vegetarian Association



r-M8Y16



**LOT# / BEST BY DATE
ON BOTTOM OF
BOTTLE.**

IONIC MANGANESE 2 OZ



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