

## PRO PERFORMANCE® RESULTS

Supplementation may help maintain glutamine levels that have been depleted as a result of intense exercise.\* Glutamine is involved in protein synthesis and plays a pivotal role in the body's nitrogen balance.\*\* It serves as fuel for the immune system and maintenance of proper intestinal function.\*

## PRO PERFORMANCE® QUALITY

Pro Performance® L-Glutamine is tested and certified Banned Substance Free.♦ It is gluten free, lactose free and mixes easily with your favorite beverage.

\*When used in conjunction with an exercise program.

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

For More Information:  
1-888-462-2548

**SHOP NOW @ GNC.COM**

Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222 USA



# GNC

# PRO PERFORMANCE

**5000MG**  
L-GLUTAMINE

# L-GLUTAMINE

Key Amino Acid for Muscles\*

Fuels the Immune System\*

DIETARY SUPPLEMENT  
Net Wt 16 oz (1 lb) 454 g

90 SERVINGS  
**UNFLAVORED**



CODE 386489

BSG

**DIRECTIONS:** As a dietary supplement, mix one scoop (5 g) twice daily in a beverage or shake. For maximum results, take one serving (5 g) post-exercise.

## Supplement Facts

Serving Size One Scoop (5 g)  
Servings Per Container 90

### Amount Per Serving

L-Glutamine	5 g	*
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\* Daily Value not established.

**OTHER INGREDIENTS:** None.

**Gluten Free, Lactose Free.**

**NOTICE:** Significant product settling may occur.



GLUTEN  
FREE



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.

Trusted by sport

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.