

Supplement Facts

Serving Size 1 Pack
Servings Per Container 21

Amount Per Serving	%DV
Natural Flavone/Sterone Complex 750mg	
B-Ecdysterone	*
5-Methyl-7-Methoxyisoflavone	*
Ajuga Turkestanica Extract (Turkesterone)	*
B-Sitosterol	*
Anti-Catabolic Amino Complex 3000mg	
L-Leucine	*
Leucine Alpha Ketoglutarate (AKG)	*
Leucine Ethyl Ester	*
L-Isoleucine	*
L-Valine	*
L-Taurine	*
Acetyl-L-Carnitine (ALC)	*
Anabolic Adaptogen Complex 1000mg	
Muira Puama	*
Kudzu Extract (Isolflavones)	*
Safed Musli	*
Rhodiola Rosea Extract (Rosavins)	*
Insulin Potentiating Complex 500mg	
4-Hydroxyisoleucine	*
Banaba Leaf Extract (1-3% Colosolic Acid)	*
Cinnulin PFT™	*
K-R-Alpha Lipoic Acid (K-R-ALA)	*
M Factor Complex 500mg	
Ginger Root Extract (Gingerols, Shaogols)	*
6,7-Dihydroxybergmottin	*
Bioperine®	*
Energy Complex 500mg	
Methylxanthine Complex (Caffeine, Theobromine, Theophylline)	*
Evodiamine	*

*Daily Value (DV) not established



OTHER INGREDIENTS: Methylxanthine Complex (50% kola nut extract, 22% guarana extract), fenugreek extract, cyanotis vaga extract, evodia fructus extract, grapefruit extract, cinnamon root extract, gelatin, dicalcium phosphate, whey (milk), microcrystalline cellulose, titanium dioxide, stearic acid, magnesium stearate, FD&C Blue #1, FD&C Red #40.

INGREDIENT NOTES: Bioperine® is Piper nigrum extract standardized for a minimum of 95% piperine alkaloids and is a registered trademark of the Sabinsa Corporation (U.S. Patents #5,536,506, #5,744,161, #5,972,382). CinnulinPFT™ is a registered trademark of Integrity Nutraceuticals International.

DOSAGE: Take a pack every day for 21 straight days. On training days, take it 30-45 minutes before lifting. On off days, take it between meals. Cycle Animal M-Stak for best results—three weeks on, one week off. Repeat as needed. The entire Energy Complex (stim) is contained in the single red capsule. Remove it as you see fit.

WARNING: This product contains potent flavones and phytoecdysterones. Consult with your physician before using this product, especially if you're under one's care for any reason. Discontinue use if nervousness, tremors, sleeplessness, loss of appetite or nausea occurs. Not for use by pregnant or nursing women. Not for use by persons under 18. This product may be banned by some athletic associations or federations. Athletes should consult with their sanctioning authority before use. Keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill.

OUR IRONCLAD GUARANTEE: Animal is dedicated to being the best in the business, no two ways about it. That's why we stand behind every single can we make with our ironclad guarantee. If this product doesn't meet with your tough requirements for any reason, take the remainder along with your receipt back to where you bought it for a full and immediate refund or exchange. No questions asked. It's as simple as that. When it comes to standing behind our products, we don't mess around.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



MADE PROUDLY IN THE U.S.A.
Formulated, Tested & Manufactured By:
Universal Nutrition
New Brunswick, New Jersey 08901
800-USA-0101 • 732-545-3130
www.animalpak.com

HARD GAINER'S ANIMAL TRAINING PACKS

M-STAK

Training Supplement | 21 Packs The Non-Hormonal Anabolic Stack | Nutrient-Partitioning | Protein Synthesis | Anabolism | Anti-Catabolism | Flavones | Sterones | Stim

WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the needs and desires of pro bodybuilders, Animal has grown over the decades. Today, Animal has stood the test of time and been proven in the trenches day in and day out. The name stands for trust, integrity and a no nonsense approach to the game. **WHAT ANIMAL M-STAK™ IS** Hard gainer. You're a hard worker and you give it everything you got 24/7 but the gains are hard to come by. As a classic hard gainer, you train big and you eat big, but you have little to show for it. Animal M-Stak is a non-steroidal product geared specifically for you. Through its unique set of properties, most notably "nutrient-partitioning", Animal M-Stak helps you maximize your lean gains with greater efficiency and effectiveness. Work hard. Don't gain hard.

TM

A018