

NO SUGAR NO CRAVINGS™

Retrain Your Brain

When you spray Sweet Zap™ on your tongue, the natural blend fills the sweet receptors located on the taste buds. Sweet Zap™ works on both sugar and artificial sweeteners by safely and temporarily blocking your ability to taste sweet*. By blocking your ability to taste sweet, Sweet Zap™ can help retrain your brain to stop eating sweets altogether.

Transitioning to a low or no-sugar diet reduces hunger and cravings, helps you burn fat, increases energy level, and reduces inflammation.

Sweet Zap™ is a conditioning tool*. To increase your success:

1. Spray Sweet Zap™ on the tongue 
2. Try the sweet you're craving 

Once applied, the affect lasts between 10 and 30 minutes.

SWEET ZAP™

END
SUGAR
CRAVINGS™

SUGAR BLOCKER* MINT SPRAY



UP TO
77
SERVINGS

DIETARY SUPPLEMENT



NET 0.27 FL. OZ. (8mL)

For regular use:

Use 2-3 times daily or as often as needed.

Sweet Zap™ is a conditioning tool*. Suggested routine for success:

If you eat sweets after breakfast or have sweets for breakfast, spray Sweet Zap™ and try that sweet again.

If you eat sweet treats after lunch, spray Sweet Zap™ after lunch and try that treat again.

If you indulge in desserts after dinner, spray Sweet Zap™ after dinner or after you eat some of that dessert and try the dessert to avoid overeating.



Supplement Facts

Serving Size 1 Spray (Approx. 0.104mL)
Servings Per Container 77

	Amount Per Serving	% Daily Value
Proprietary Blend: 1.23mg		
Gymnema Sylvestre (Gymnema sylvestre) extract (leaf)		+
Holy Basil (Ocimum sanctum) extract (leaf)		+
† Daily value not established.		

Other ingredients: Purified Water, Vegetable Glycerin, Peppermint Oil, Potassium Sorbate, and Silicon Dioxide

Suggested Use:

As a dietary supplement, spray Sweet Zap™ (1-2 times) directly on the tongue ensuring you cover the tip. Use Sweet Zap™ as often as needed to avoid cravings from sugar and artificial sweeteners and help maintain a healthy diet.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to cure, diagnose, treat or prevent any disease**



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