

**USAGE:** Take 1 capsule 1 to 3 times per day, preferably on an empty stomach or as directed by your qualified healthcare professional.

**NOTE:** If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

**L-Lysine** is an essential amino acid necessary for growth, development, tissue maintenance and repair.\*

**Keep out of the reach of children.**

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Lot #: Best Used Before:

**Jarrow**  
FORMULAS

# L-Lysine

**Essential Amino Acid for  
Protein Metabolism\***

**500**  
MILLIGRAMS

**100**  
CAPSULES

**DIETARY  
SUPPLEMENT**

## Supplement Facts

Serving Size 1 Capsule    Servings Per Container 100

	Amount Per Serving	% DV
L-Lysine (from L-Lysine HCl)	500 mg	†

† Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source) and cellulose. Capsule consists of gelatin.

Keep tightly closed, away from moisture. DO NOT refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:  
**Jarrow FORMULAS**<sup>®</sup>  
Superior Nutrition and Formulation<sup>SM</sup>  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

01216LY    PROD # 115004



© 2016 **Jarrow** FORMULAS<sup>®</sup>