

KSM-66® is the registered trademark of Ixoreal Biomed Inc.

Suntheanine® is a registered trademark of Taiyo International Inc.

Find your happy place.

Includes Suntheanine® L-Theanine to promote a sense of calm and relaxation plus adaptogenic mushrooms and ashwagandha, a traditionally used adaptogen.*

Sit back, relax and give yourself a break!

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC
earth
GENIUS™



Calming TonIQ

Daily tonic for a sense of calm & relaxation*



gluten free



non gmo



no artificial sweeteners

Lemon Cucumber Mint

NATURAL FLAVOR

NET WT 3.17 OZ (90 G)

DIETARY SUPPLEMENT

CODE 318513

DIRECTIONS: As a dietary supplement, add 1 scoop to 4 fl. oz. of cold water and mix thoroughly. For best results, enjoy two servings daily.

CTG

Supplement Facts

Serving Size 1 Scoop (2.25 g)/Servings Per Container 40

Amount Per Serving % Daily Value

Calories 10

Total Carbohydrate 2 g... 1%†

Total Sugars 0 g.....*

Includes 0 g Added Sugars.....0%†

Magnesium (as Magnesium Citrate).....125 mg.. 30%

KSM-66® Organic Ashwagandha Root Extract...300 mg.....*

(*Withania somnifera*)

Amount Per Serving % Daily Value

Organic Adaptogenic Mushroom Blend 250 mg....*

Chaga Mushroom Powder (*Inonotus obliquus*)

Cordyceps Mushroom Powder (*Cordyceps militaris*)

Reishi Mushroom Powder (*Ganoderma lucidum*)

Chamomile Flower Powder (*Matricaria recutita*) ..110 mg....*

Suntheanine® L-Theanine100 mg....*

Hops Flower Extract 4:1 (*Humulus lupulus*) 60 mg....*

† Percent Daily Values are based on a 2,000 calorie diet.

* Daily Value not established.

OTHER INGREDIENTS: Natural Flavors (Natural Lemon Flavor, Natural Cucumber Flavor, Natural Mint Flavor, Other Natural Flavors), Xanthan Gum, Citric Acid, Malic Acid, Stevia Extract, Monk Fruit Extract.

CONTAINS: Milk.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

No Sugar, No Artificial Sweeteners, No Artificial Colors, No Artificial Flavors, No Preservatives, Gluten Free, No Soy.

NOTICE: Significant product settling may occur.