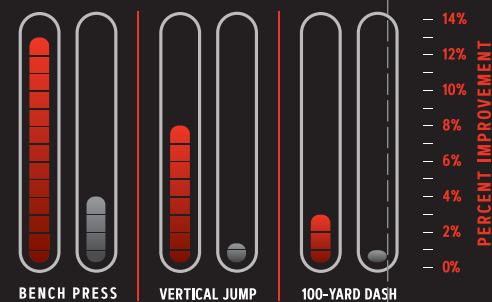


# PERFORMANCE IMPROVEMENT



\*In one study, eight weeks of supplementation with this product's creatine and carbohydrate blend in male collegiate athletes during off-season training produced a 12.9% increase in bench press, 8.4% increase in vertical jump and a 2.6% improvement in 100-yard dash performance compared to those taking only carbohydrates who experienced a 4.5%, 1.1% and 0.4% improvement, respectively.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

For More Information: 1-888-462-2548

GNC.com

Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 USA



ADVANCED MUSCLE PERFORMANCE

# MYOPOWER DEXTROSE™

GLYCOGEN-LOADING POWER & RECOVERY FORMULA

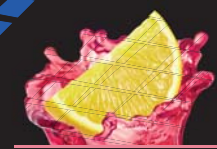
Maximize Recovery with Glycogen-Loading Carbs, Plus Amino Acids & Creatine!\*

Clinically Shown to Increase Strength, Plus Enhance Power\*\*

33g FAST-ACTING DEXTROSE

6.8g AMINO ACID COMPLEX

6.9g CREATINE MATRIX



PINK LEMONADE

NATURAL + ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

NET WT 44.45 OZ (2.78 LB) 1260 G

CODE 386539

JSG

DIRECTIONS: As a dietary supplement, mix 2 scoops in 8 fl. oz. of cold water and consume before, during and/or post-workout. See usage benefits for additional information and recommendations. Consume ample amounts of water while taking this product.

## Supplement Facts

Serving Size 1 Scoop (31.5 g) 2 Scoops (63 g)  
Servings Per Container 40 20

Amount Per Serving	% Daily Value	% Daily Value
Calories.....	70.....	140
Total Carbohydrate.....	17 g.....6%†	34 g.....12%†
Total Sugars.....	17 g.....34%†	34 g.....68%†
Includes Added Sugars.....	17 g.....5%	34 g.....9%
Calcium.....	60 mg.....5%	120 mg.....9%

<b>Insulin Impact</b> .....	<b>16.5 g</b> .....*	<b>33 g</b> .....*
Dextrose.....	16.5 g.....*	33 g.....*
<b>Blood Flow Matrix</b> .....	<b>2.2 g</b> .....*	<b>4.4 g</b> .....*
Micronized L-Arginine.....	1.7 g.....*	3.4 g.....*
Taurine.....	500 mg.....*	1 g.....*
<b>Micronized Creatine Matrix</b> .....	<b>3.46 g</b> .....*	<b>6.9 g</b> .....*
Micronized Creatine Monohydrate.....	2.73 g.....*	5.45 g.....*
Micronized Glycine.....	350 mg.....*	700 mg.....*
Micronized Guanidinoacetate.....	275 mg.....*	550 mg.....*
Micronized L-Methionine.....	100 mg.....*	200 mg.....*
<b>Critical Amino Acid Complex</b> .....	<b>3.4 g</b> .....*	<b>6.8 g</b> .....*
L-Glutamine.....	700 mg.....*	1.4 g.....*
L-Threonine.....	540 mg.....*	1.08 g.....*
L-Phenylalanine.....	530 mg.....*	1.05 g.....*
L-Histidine.....	490 mg.....*	980 mg.....*
L-Leucine.....	443 mg.....*	886 mg.....*
L-Lysine (as L-lysine Hydrochloride).....	440 mg.....*	880 mg.....*
L-Valine.....	147.5 mg.....*	295 mg.....*
L-Isoleucine.....	147.5 mg.....*	295 mg.....*

† Percent Daily Values are based on a 2,000 calorie diet.  
\* Daily Value not established.

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Calcium Silicate, Silicon Dioxide, Malic Acid, Lecithin, Sucralose, Acesulfame Potassium, Red 40 Lake.  
CONTAINS: Soybeans.

WARNING: Consult your physician prior to using this product if you are pregnant, nursing, under 18 years of age, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Gluten Free.

NOTICE: Significant product settling may occur.

### 4 CRITICAL COMPONENTS TO TRAINING

#### Insulin Impact

Infused with Dextrose to Help Stimulate the Uptake of Aminos & Support Post-Workout Recovery!\*

#### Blood Flow Matrix

Arginine to Maintain Blood Vessel Tone & Taurine to Support Muscles\*\*

#### Micronized Creatine Matrix

Helps Fuel Skeletal Muscles & Provides Support for Immediate Energy During High-Intensity Workouts\*\*

#### Critical Amino Acid Complex

Including BCAA, Glutamine & Essential Amino Acids that are Involved in Protein Synthesis for Muscle Growth & Repair\*\*

### USAGE BENEFITS

#### Pre-Workout

Fuels Muscle Performance & Provides Immediate Energy Support\*\*

#### During Workout

Hydrates & Fuels Muscle Power & Performance\*\*

#### Post-Workout

Maximizes Recovery & Drives a Rapid Impact to Restore Glycogen & Stimulate Uptake of Amino Acids!\*

#### Stack with Your BCAA or Protein

To Fuel Glycogen-Loading & Maximize Amino Acid Uptake!\*

If it's on our labels, then it's in our bottles. Full dosing, full transparency and no proprietary blends. Clinically studied ingredients backed by real science. Get power. Get recovery.

†Per 2 Scoop Serving.

\*\*When used in conjunction with an exercise program.



Products bearing this logo have been tested for banned substances by LGC Science, Inc., a world-class anti-doping lab. \*Product was tested for over 145 banned substances on the 2017 World Anti-Doping Agency (WADA) Prohibited List via LGC skip lot testing protocol #ICP0307. See gnc.com for more information.



300 Sixth Avenue #2  
Pittsburgh, PA 15222

Round: REV RELEASE -HCass

Revise Date: 12/27/17

File name:  
386539\_000000\_MyoDextrose\_Sleeve.eps

Application: Adobe Illustrator CC

Artwork is set up at 100%

Printers note: This color represents a non-printed area for a window.



#### Color Palette

4 c/p, 6 spot, varnish

PMS 2132 Metallic	Black	Yellow
Line Art Black	Cyan	Magenta
PMS 701	PMS 2028	Cool Gray 4
Matte Varnish	Special Silver	

Contact: Jeff Scott at GNC, 412.338.8918  
or Email: jeffrey-scott@gnc-hq.com

Supplier is responsible for checking files for accuracy in:

- measurements
- print tolerance requirements
- registration
- construction of artwork

\* Changes made to suit production requirements must be approved by GNC.  
\* Proofs and copy changes must be sent to GNCPackaging@gnc-hq.com for review.

COLORS ARE COMPUTER SIMULATED AND ARE NOT FOR COLOR MATCHING. Varnishes/Coatings may not be included in color palette specifications. Refer to print specifications.

DIELINE # FILENAME:	19920_GLANBIA 85oz FINAL_6040000_CCC-CUT	ROUND NO. 1	DIE DESCRIPTION
OVERALL DIMENSIONS:	421mm x 198mm	Prepress	TD 12/20/17
		Engineer	BE 12/20/17
		Clear/Substrate	Die Lines
		Ink Limits	Fold Lines
		Text Area	Perf Lines
		Seam Overlap	Wrap Lines
			Ink Limits
			Copy Limits

