

## Nutrition Facts

**Serving size** 1 Bar (57g)

**Calories per serving** **230**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Amount Per Serving** **% Daily Value\***

**Total Fat** 6g 8%

Saturated Fat 4.5g 23%

**Cholesterol** 10mg 3%

**Sodium** 160mg 7%

**Total Carbohydrate** 25g 9%

Calcium 150mg 10% • Iron 1.3mg 8%

Not a significant source of *trans* fat, vitamin D and potassium.

**Amount Per Serving** **% Daily Value\***

**Dietary Fiber** 7g 25%

**Total Sugars** 4g

Includes 2g Added Sugars 4%

Sugar Alcohol 6g

**Protein** 20g 40%



FPO UPC



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**SUGGESTED USE:** For Healthy Adults, consume enough protein to meet your daily protein requirement with a combination of high protein foods and protein supplements throughout the day as part of a balanced diet and exercise program.

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FINISH FIRST.®

See nutrition facts for Sat Fat content

**20G PROTEIN PER BAR | 4G SUGAR PER BAR | GLUTEN FREE**

**PROTEIN CRISP**  
PROTEIN PACKED BAR  
IRRESISTIBLE CRUNCH

**NET WT**  
**2.01 OZ (57 G)**



**BIRTHDAY CAKE REMIX™**  
Naturally & Artificially Flavored



## MAKE EVERY DAY FEEL LIKE A CHEAT DAY!

**INGREDIENTS:** Milk Protein Blend (Whey Protein Isolate, Whey Protein Concentrate, Milk Protein Concentrate), Isomaltol-oligosaccharide, Soy Protein Isolate, Vegetable Oil (Palm Kernel Oil, Palm Oil, Shea Oil), Polydextrose, Glycerin, Rainbow Sprinkles [Icing Sugar, Fractionated Palm Kernel Oil, Corn Starch, Glucose, Soy Lecithin, Artificial Colors (Red 40, Yellow 6, Yellow 5, Red 3, Blue 1), Gum Arabic, Carnauba Wax], Maltitol Syrup, Tapioca Starch, Water, Natural and Artificial Flavor, Low Fat Cocoa Powder, Calcium Carbonate, Rice Starch, Dried Egg White, Almonds, Soy Lecithin, Agar, Salt, Sucralose, Tocopherols, Sunflower Lecithin.

**Contains: Milk, Soy, Egg, and Almonds.**

Manufactured in a facility that also processes peanuts, tree nuts and wheat.

**Distributed By:** Bio-Engineered Supplements & Nutrition, Inc., 3500 LACEY ROAD, SUITE 1200, DOWNERS GROVE, IL 60515 877.673.3727 • goBSN.com

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Made in Canada from Domestic and Imported Ingredients.

Store in a cool, dry place.

coding area - must be a light, solid colour  
and free of text or graphics.  
zone de codage - doit être de couleur uni  
et claire, sans texte ni graphiques.