

MRE BAR

MEAL REPLACEMENT



12 SERVINGS

MRE BAR

REAL WHOLE FOOD

REAL WHOLE FOOD SOURCES



MEAL REPLACEMENT



20G OF PROTEIN **20g**



12 BARS
28.36 OZ 804G



SPRINKLED DONUT

Nutrition Facts

12 Servings Per Container	
Serving Size	1 Bar (67g)
Amount per serving	
Calories	260
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 5g	25%
Monounsaturated Fat 3g	**
Polyunsaturated Fat 1g	**
Trans Fat 0g	**
Cholesterol 40mg	13%
Sodium 300mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 3g	11%
Sugar 6g	**
Includes Added Sugar 5g	10%
Protein 20g	40%
Vitamin D 0.1mcg	0%
Calcium 290mg	20%
Iron 0.6mg	4%
Potassium 90mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Protein Blend (Beef Protein Isolate, Salmon Protein, Chicken Protein, Egg Albumin, Brown Rice Protein, Pea Protein), Gluten-Free Rolled Oats, Carbohydrate Blend (Dehydrated Yam, Dehydrated Sweet Potato, Pea Starch, Coconut Water Powder, Dehydrated Blueberries, Dehydrated Goji Berries, Maltodextrin, Dextrose, MCT Oil, Cellulose Gum, Cinnamon, Salt, Sucralose, Acesulfame-potassium), Soy Protein Isolate, Vegetable Oils (Palm, Palm Kernel, Soybean), Sugar, Vegetable Glycerin, Whey Protein (from coating), Sorbitol, Peanuts, Maltitol, Water, Brown Rice Flour, Natural Flavors, Chicory Root Fiber, Corn Cereal, Corn Syrup, Corn Starch, Sunflower Lecithin, Whey, Mono and Diglycerides, Soy Lecithin, Natural Colors, Beta-Carotene, Vitamin A Palmitate, Potassium Sorbate, Almond and Sucralose.

Contains Milk, Soy, Almond, Peanut, Egg, Coconut and Salmon. Manufactured in a plant that processes Milk, Soy, Wheat, Treenut, Peanut, Egg and Fish.

MANUFACTURED FOR AND DISTRIBUTED BY: REDCON1 SUPPLEMENTS
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