

- + 6,000 mg collagen per serving
- + replenishes beauty proteins\*
- + helps counteract skin-aging\*
- + revitalizes skin, hair & nails\*

Collagen is the most abundant protein in the body. As we age, collagen naturally breaks down and diminishes over time – leading to the early signs of aging (including wrinkles, thinning hair, brittle nails and weaker joints).

Youtheory® Collagen can help you achieve inner health and outer beauty.\* Providing 6,000 mg of easily digested and highly absorbable collagen peptides per serving, this formula supplies the essential building blocks to support healthy aging and a more youthful appearance.\* It also features a daily dose of vitamin C to help aid normal collagen formation and boost antioxidant protection.\*



# collagen

skin, hair & nail formula | 6,000 mg†

enhanced with vitamin C

290 tablets

dietary supplement

**Suggested Use:** (Adults) Take six (6) tablets per day, all at once or in divided doses.

## Supplement Facts

Serving Size: 6 tablets  
Servings Per Container: 48

	Amount Per Serving	% Daily Value
Vitamin C (as Calcium Ascorbate)	60 mg	100%
Hydrolyzed Collagen	6,000 mg	**

\*\*Daily Value not established

**Other Ingredients:** Magnesium stearate (vegetable source).

This product is manufactured in a facility that processes whey milk protein and fish extracts.

Amino acid values listed below represent typical averages for edible hydrolyzed collagen and are for informational purposes only.

Alanine	8.1%	Hydroxylysine	1.2%	Phenylalanine	2.1%
Arginine	8.4%	Hydroxyproline	11.4%	Proline	11.5%
Aspartic Acid	6.6%	Isoleucine	1.5%	Serine	3.4%
Glutamic Acid	12.4%	Leucine	2.9%	Threonine	1.9%
Glycine	20.6%	Lysine	3.4%	Tyrosine	0.5%
Histidine	0.8%	Methionine	0.6%	Valine	2.4%

**Usage Warnings:** Check with your doctor before using this product if you are taking medication or have any medical conditions. Do not use if you are pregnant or nursing. Do not exceed the recommended daily intake. Not intended for persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool and dry place after opening.

†6,000 mg hydrolyzed collagen per daily serving.



dairy free



soy free



no gluten ingredients

manufactured by:



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**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



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