

Ketone bodies (ketones) are energy sources that are produced and burned under special metabolic conditions such as starvation and high fat (ketogenic diets). Ketones are a super fuel that can be efficiently used by the muscles and the brain, where they generate more energy (ATP) per unit of oxygen consumed than do carbohydrates, protein, or fat.

KetoCaNa contains 11.7 grams of the ketone body Beta-Hydroxybutyrate (BHB) per serving in a delicious strawberry lemonade flavor. Consumption of KetoCaNa before exercise can result in significant decreases in oxygen demand and increases in performance. KetoCaNa may also heighten mental acuity and performance.

KetoCaNa is excellent for ketogenic dieters who need energy but must limit carbohydrate intake. KetoCaNa may also be used by individuals who consume carbohydrates to provide an additional energy source and limit exercise induced glycogen depletion.

CAUTION! Before using this product consult with your physician if you are using any prescription or over the counter medicine, if you are unaware of your current medical condition or if you have any pre-existing medical condition.

809-001-1116

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



KETO SPORTS

KetoCaNa

Calcium & Sodium Beta Hydroxybutyrate

Dietary Ketone Supplement for Enhanced
Physical & Mental Performance

10.75oz (305g)
Dietary Supplement

Strawberry Lemonade
16 Day Supply



Supplement Facts

Serving Size 19 grams
Servings Per Container 16

Amount per Serving

Calories 55 ‡ Calories from Fat 0

		%DV
Total Fat	0g	0%
Cholesterol	0g	0%
Sodium	1.3g	54%
Total Carbohydrate	0g	0%
Protein	0g	0%
Beta Hydroxybutyrate	11.7g	*
Calcium	1.15g	115%

*Daily Value not established

‡ Calories derived from ketones

Other Ingredients: Citric Acid, Natural Flavors, Stevia

Suggested Use: Dissolve one heaping scoop in 8 ounces of cold water and stir vigorously. Consume 15 minutes prior to cardio intensive exercise. May be used with carbohydrate supplements if desired or by itself as a non-carb highly efficient energy source. Do not exceed 3 servings per day.

Manufactured by: KetoSports
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