

Go green to get lean.

- Hunger satisfying to help you feel fuller, longer
- Complete amino acid profile from 5 non-GMO, vegan proteins
- Fortified with 21 vegan vitamins & minerals
- Includes enzymes to ease digestion
- Packed with antioxidants & a blend of vegetables
- Delicious addition to your vegan meal plan

GNC Total Lean® - a simple plan for living leaner:

- Meal replacements & meal and exercise plan
- Energy & metabolism support
- Cleansing & detox
- Vitamins & on-the-go snacks

For your customized Total Lean® experience, visit www.totallean.com.



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Store in a cool, dry place.

For More Information:

1-888-462-2548

GNC.com

Distributed by:

General Nutrition Corporation

Pittsburgh, PA 15222 USA



GNC
TOTAL LEAN®

LEAN SHAKE™ Green

CALORIES
180

PROTEIN
25G

FIBER
8G

VEGAN
V

Hunger-satisfying, plant-based meal replacement
Vegan, Non-GMO & Gluten Free



NATURAL CHOCOLATE FLAVOR

NO ARTIFICIAL SWEETENERS OR FLAVORS

NET WT 27.09 OZ (1.69 LB) 768 G

16 SERVINGS

CODE 369676

KTG

DIRECTIONS: As a meal replacement, mix one serving (two scoops) (48g) with 8 fl. oz. of cold water. Mix well. Drink 1-2 shakes daily in conjunction with a healthy weight management program.

Nutrition Facts

16 Servings Per Container

Serving Size

Two Scoops (48g)

Amount Per Serving

Calories

180

% Daily Value*

Total Fat	3.5g				4%
Saturated Fat	0.5g				3%
Trans Fat	0g				
Cholesterol	0mg				0%
Sodium	350mg				15%
Total Carbohydrate	13g				5%
Dietary Fiber	8g				29%
Soluble Fiber	6g				
Total Sugars	1g				
Includes 0g Added Sugars					0%
Protein	25g				50%
Vitamin D	0mcg	0%	-	Calcium	260mg 20%
Iron	3.6mg	20%	-	Potassium	375mg 8%
Vitamin A	180mcg	20%	-	Vitamin C	18mg 20%
Vitamin E	3mg	20%	-	Thiamin	0.24mg 20%
Riboflavin	0.26mg	20%	-	Niacin	3.2mg 20%
Vitamin B-6	0.34mg	20%	-	Folate	80mcg DFE 20%
				(48mcg Folic Acid)	
Vitamin B-12	0.48mcg	20%	-	Biotin	6mcg 20%
Pantothenic Acid	1mg	20%	-	Phosphorus	340mg 25%
Iodine	30mcg	20%	-	Magnesium	84mg 20%
Zinc	2.2mg	20%	-	Copper	0.18mg 20%
Manganese	0.46mg	20%	-	Molybdenum	9mcg 20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

INGREDIENTS: Protein Blend (Pea Protein, Brown Rice Protein, Chickpea Protein, Navy Bean Powder, Quinoa Powder), Inulin, Cocoa Powder (Processed with Alkali), Natural Flavors, Contains less than 2% of: Bromelain, Calcium Carbonate, Cellulose Powder, Dipotassium Phosphate, Gum Blend (Gum Arabic, Xanthan Gum, Carrageenan), Magnesium Oxide, Monk Fruit Extract, Papain, Stevia Extract, Silicon Dioxide, VitaVeggie® (Broccoli Sprout Concentrate, Onion Extract, Tomato, Broccoli, Carrot, Spinach, Kale, Brussels Sprouts), Vitamin/Mineral Blend (Ascorbic Acid, Ferric Orthophosphate, d-alpha Tocopherol Acetate, Niacinamide, Zinc Gluconate, Copper Gluconate, D-Calcium Pantothenate, Manganese Sulfate, Pyridoxine Hydrochloride, Thiamin Mononitrate, Vitamin A Palmitate, Riboflavin, Folic Acid, Biotin, Sodium Molybdate, Potassium Iodide, Cyanocobalamin).

NOTICE: Use in conjunction with the Total Lean® meal and exercise plan found on www.totallean.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

Significant product settling may occur.



GLUTEN
FREE