

SPORTS RESEARCH™ MCT OIL is a Non-GMO Verified alternative to traditional oils, as well as sports and energy drinks. Packed with energy-dense fatty acids, Medium Chain Triglycerides (MCTs) provide fuel for the body and brain in those living the Keto, low-carb lifestyle. Made exclusively from Coconut Oil (zero palm) and containing the full-spectrum of MCTs (C8 - C10 - C12), MCT Oil is a great addition to any food or drink without altering taste.*



MCT OIL

OPTIONS TO ENJOY



Blend 1 tsp. of SR™ MCT Oil, 1 scoop SR™ Collagen Peptides, & 1 tablespoon of grass-fed butter.



Upgrade your smoothies & protein shakes by adding 1-2 tablespoons of SR™ MCT Oil.



SR™ MCT Oil maintains its liquid consistency & can be infused into any dressing or marinade.



Substitute traditional cooking oils with the flavorless taste of SR™ MCT Oil (smoke point 320°F).

STORAGE INFORMATION: Store at room temperature, in a dry place. Protect product from excessive heat, freezing, humidity, and light. **Refrigeration not required.**



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEDIUM CHAIN TRIGLYCERIDES

BRAIN + BODY
FUEL*



100% NON-GMO
COCONUTS

BLENDS WITH COFFEE & SHAKES

UNFLAVORED

VEGAN ■ DAIRY & GLUTEN FREE ■ KETO

SUGGESTED USE: As a Dietary Supplement, healthy adults begin by using 1 tablespoon (15 mL) daily. May consume up to 3 tablespoons per day. Excessive consumption may cause digestive discomfort.

Supplement Facts

Serving Size: 1 Tablespoon (15mL)
Servings Per Container: 63

	Amount Per Serving	% Daily Value
Calories	130	
Total Fat	14 g	18%**
Saturated Fat	14 g	70%**
Medium Chain Triglycerides (MCTs)	13.5 g	†
[from 100% coconut (Cocos nucifera) oil]		
Typical fatty acid composition, as TG:		
Caprylic Acid (C8:0)	5.65 g	▲
Capric Acid (C10:0)	3.7 g	▲
Lauric Acid (C12:0)	4.0 g	▲

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENT: Pure MCT Oil from Non-GMO Verified Coconut Oil.

ALLERGEN WARNING: Contains Tree Nuts (Coconut).

USAGE WARNING: SR™ MCT Oil will react with certain plastics, including foam cups, and should only be used with utensils and containers made of metal, glass, ceramic or safe HDPE/PET plastics.

CAUTION: KEEP OUT OF REACH OF CHILDREN AND PETS. Consult with a qualified healthcare professional prior to using this product, especially if you are pregnant, nursing, have diagnosed medical conditions, or are taking prescription medications. Do not exceed recommended daily intake. Do not use if seal is missing or damaged. Not recommended for use in frying due to relatively low smoke point.

▲ Natural variations may occur.

Product of Philippines.
Packaged and Quality Tested in the USA.



Sports Research MCT Oil is proudly certified.



Satisfaction Guarantee
We offer a full refund on the purchase price of your order (minus return cost) within 90 days of purchase. Restrictions apply. Please visit sportsresearch.com for full details.



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DIETARY SUPPLEMENT ■ 32 FL OZ (946 ML)