



## ELEVATION TRAINING MASK 2.0 SLEEVE\*

The Training Mask 2.0 allows for you to fully customize to your style. Simply peel your "original black sleeve" off of your Training Mask 2.0 and put on this new custom form fitting sleeve.

- **SMALL (S)**  
100 - 149 lbs / 45 - 70 kgs
- **MEDIUM (M)**  
150 - 249 lbs / 70 - 115 kgs
- **LARGE (L)**  
250+ lbs / 115+ kgs

Training Mask 2.0 sizing is designed to match the contour of your face based on weight. As weight increases or decreases you may need to change mask size. All masks have the ability to swap multiple sized sleeves (i.e. A large sleeve will fit a S, M, and L sized silicone mask).



[trainingmask.com](http://trainingmask.com)

